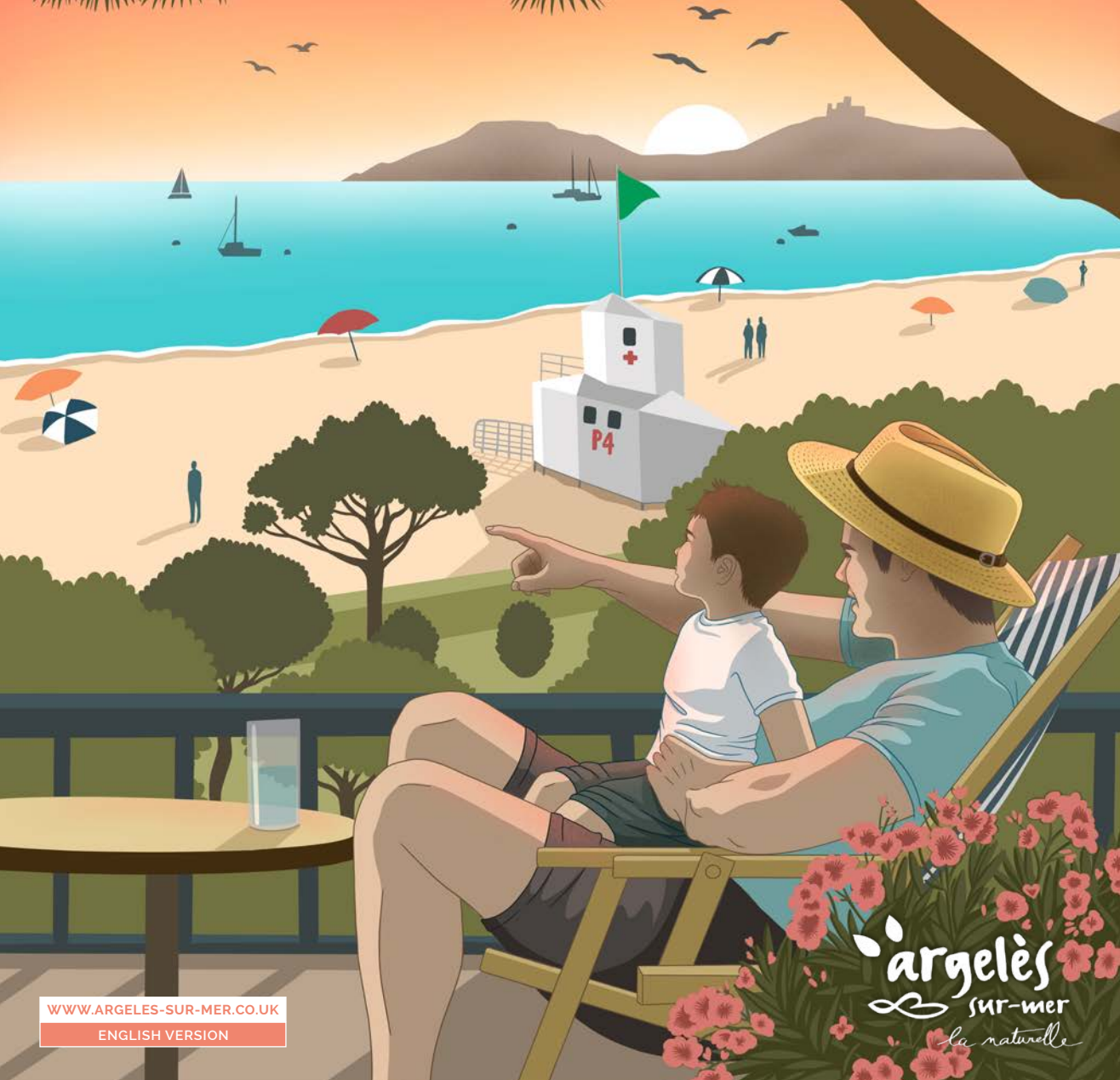


Year 2023

Number 02

# Regard ARGELÈS- SUR-MER

TOURIST INFORMATION OFFICE MAGAZINE



[WWW.ARGELES-SUR-MER.CO.UK](http://WWW.ARGELES-SUR-MER.CO.UK)

ENGLISH VERSION

argelès  
sur-mer  
la naturelle

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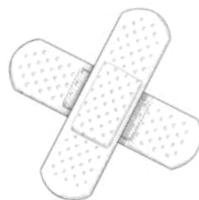
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## ÉDITO

# Argelès-sur-Mer all year long



©Lezbroz

### Autumn

Maybe the best time of year. The sun is still up and its warmth wraps around you, the market stalls are still laden with the typical fruit and vegetables of the south. The town is quieter, colours change imperceptibly. Argelès-sur-Mer finds itself again and prepares for...

### Winter

Who said that you can't experience Argelès-sur-Mer to its full in winter? This is when it is at its most authentic. The sunlight is still there, on the seashore and on the hiking trails. It is a different kind of life. Time to regenerate, only to return stronger.

### Spring

Nature comes surging back. The animals awaken. The weather is still a bit cool. This is the time for long bike rides in the fertile landscapes of the Roussillon plains and to explore its rich historical and cultural heritage. Just in time for...

### Summer

Vibrant and buzzing, Argelès-sur-Mer is fully awake! The whole town opens up, sharing the joys of the seaside and its *art de vivre* with all those who have come to experience it. Argelès-sur-Mer is alive. Argelès-sur-Mer bubbles and pops for the few months of summer. And then, once again... autumn! A year has passed. Four glorious seasons to discover all that Argelès-sur-Mer has to offer. Make no mistake about it! Argelès-sur-Mer is here for everyone, all year round.

## Welcome to Argelès-sur-Mer!

### Accreditations

Creation and graphic design: NSI Agence h05 - agenceho5.com - Illustrations: Marlène Roumegoux  
Director of the publication: Office Municipal de Tourisme Argelès-sur-Mer - Chief editor: Office Municipal de Tourisme Argelès-sur-Mer & Virginie Gonzalez - Editors / Translators: Virginie Saucet, Paul McKeen, Next Edition

## Labels

### The Tourist Information Office wants visitors to have a wonderful experience:

you'll be given a warm welcome, information is easy to access, materials are up to date, sound advice is available, individual needs are considered and a personalised approach is offered. We care about what you think. The centre has been promoting the Qualité Tourisme (tourism quality) scheme for 16 years.



### Qualité Tourisme Occitanie Sud de France

Providers who are part of this scheme offer a special and personalised welcome, all the information you need, a clean and comfortable environment and local resources. The providers can be identified by these logos displayed on their premises, and using this icon in the guide.



### FAMILLE PLUS

Just what you need for a successful family holiday!

The region and providers with Famille Plus accreditation cater especially for families and children, guaranteeing you a fantastic holiday! The providers can be identified as they display this logo on their premises, and using this icon in the guide.

[famille.argeles-sur-mer.com](http://famille.argeles-sur-mer.com)



### Blue Flag beaches and marinas

Argelès-sur-Mer has received this international award every year since 1985 for:

- Its bathing water quality
- Its beaches that are cleaned daily
- The water treatment plant
- Household refuse recycling
- Fully-equipped help points by the beach, including one accessible Handiplage station for people with physical disabilities (Point 3)

# THE NATURAL





## ARGELÈS-SUR-MER AS SEEN BY...



©Ben-Caillous

**B**en is a painter, illustrator, caricaturist, graffitist and tattooist. Above all, he is an artist. Since finishing his education in the digital and creative arts, he has honed a style of his own. A moving, poetic dream world that borders on nostalgia, from sketches and walls, straight to Argelès-sur-Mer.

### *Ben Caillous,*

the brilliance behind the brushstrokes

#### **How would you describe yourself?**

I am a painter. I have always drawn on paper. For the last three years I've been painting on larger formats, on city walls, but I didn't grow up with a can of spray paint in my hand. I've only just arrived in the world of street art... and I already feel at home.

#### **What is your artistic vision for the town?**

I think it's great that Argelès-sur-Mer is opening up to this modern, artistic urban world. The spot lends itself to it well, we have the skills to develop it and people like it!

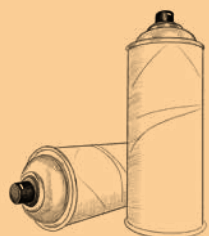
The first time I worked for the town was at the opening of the Retirade Museum for a «Live Painting». It was so exciting!

Argelès-sur-Mer has a strong identity and I think that we can deliver the historical and cultural sides of the town to people who aren't necessarily going looking for it.

#### **What would your kind of vibe be?**

The atmosphere of little coves at sunset, just swimming, having a picnic. Everything is calm.

The harbour with its little fisherman's market. This is the place I go most with my family. Dining in a small restaurant that only serves fresh produce, admiring the boats and letting your imagination wander. The sunset is always spectacular there..



## *Lezbroz,*

Argelès-sur-Mer  
in focus

@lezbroz / Lezbroz.com

#### **Who are Lezbroz?**

Lezbroz is like "The Brothers", in reference to the fraternal aspect of our work. One day I just fell in love with travelling and photography at the same time. I started out on my own then Thomas joined me five years ago. Since then we've been travelling the world, sharing our content and making our followers want to go to the places we discover.

And for Argelès-sur-Mer, what a great discovery it was!

#### **And what do you have to tell us about Argelès-sur-Mer?**

I really loved Argelès-sur-Mer! It has a wild side, massive beaches, open expanses... where you can breathe. And it has a rich heritage, you just have to walk around the village to see it. You can see the sunrise on the beach and the sunset in the mountains on the same day.

In the off season, it's just wonderful too! For photography it's fabulous because you can capture quite unique atmospheres.

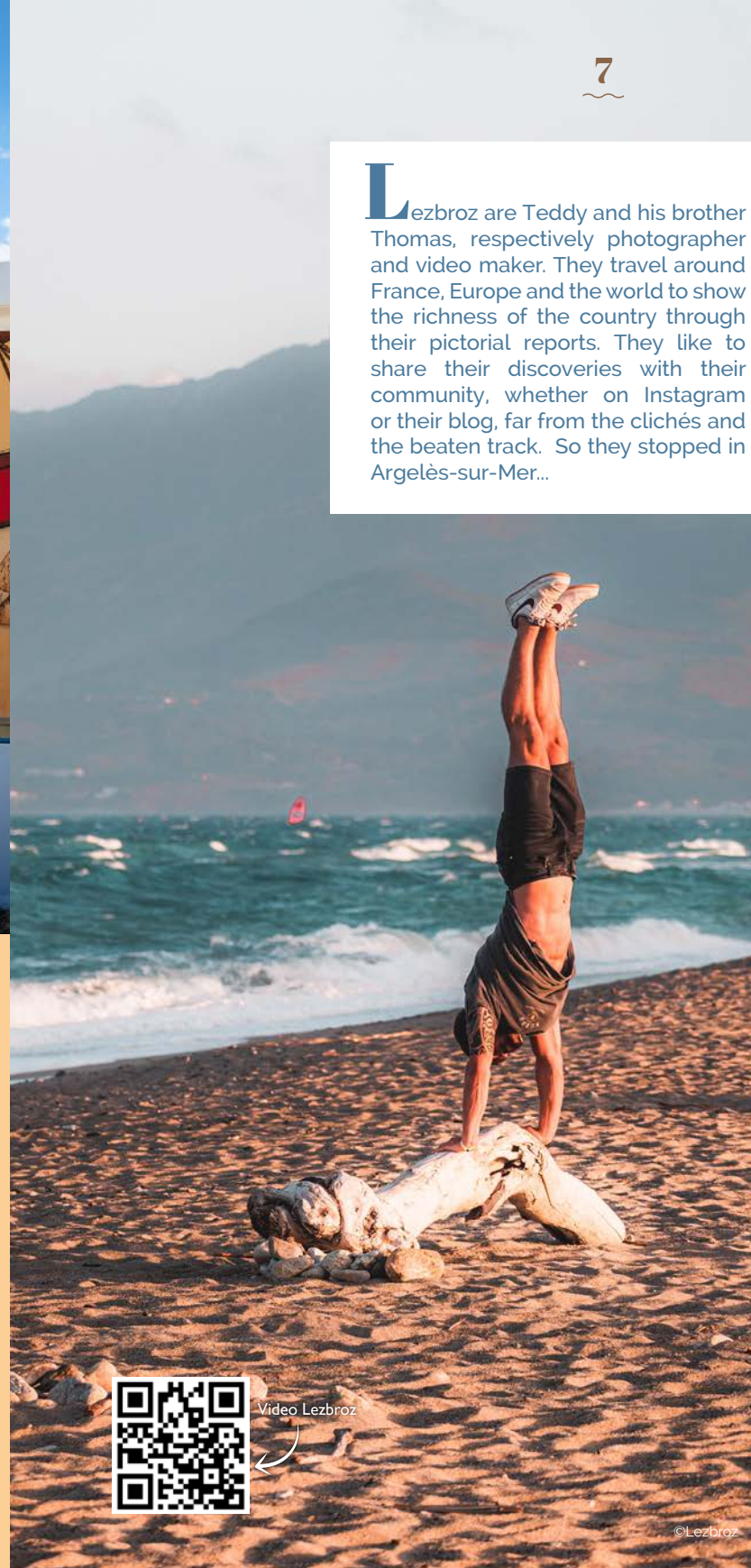
There are three places that I really fell in love with: The Racou neighbourhood with its little houses by the sea, where you can walk in the sand along these little flower-lined lanes. I wasn't expecting it either which always heightens the thrill of discovering something.

The hike up to the Massane tower, even though it was tough to get to! Once you get to the top, the view is breathtaking, especially at the end of the day.

The coastal path that runs along the whole wild coastline on the cliffs. That's a really lovely walk.

#### **What was your favourite place?**

Somewhere with a unique atmosphere for those who like peace and quiet, to recharge their batteries and get into nature. Wide open spaces, the mountains in the background. Experiencing a sunrise or a sunset at the Mas Larrieu nature reserve has that edge-of-the-world atmosphere that I just love.



Video Lezbroz



## CALENDAR, IMPORTANT DATES AND EVENTS

# Event life in... Argelès-sur-Mer !

©Benjamin Collard

### International

#### THE FESTIVAL OF LAUGHS

April Fool's Day is not your only chance for a laugh in April. For the second year running, the Argelès-sur-Mer comedy festival is sure to split your sides with hilarity and guffaw guaranteed!

**April 2023**

#### AMERICAN FAIR

Fun for all the generations in this celebration of American culture with music, big cars, American Football and even a film shoot where the children are the stars.

**From 8 - 10 April 2023**

#### ISLANDS FESTIVAL

A taste of the exotic is once again on the menu in this 2nd edition. Get ready to be transported by the rhythm of drums and ukuleles in parades and Tahitian dancing and sample some flavourful traditional cuisine.

**From 18 - 21 May 2023**

#### INTERNATIONAL MAGIC FESTIVAL "ABRAC'ARGELÈS"

A slice of humour, a host of illusions and a hint of sorcery...Argelès-sur-Mer town conjures up an enchanting 2nd edition of its International Magic Festival in Pyrénées-Orientales.

**The last weekend of October 2023**

### Local

#### SANT JORDI

Sant Jordi, the patron saint of Catalonia, has been celebrated in the streets of Argelès-sur-Mer since the 15th century. This is an opportunity for all ages of people to meet for a festive afternoon in the heart of the village.

**23 April 2023**

#### THE TOWN CENTRE JUMBLE SALE

For some it's an opportunity to get rid of all their clutter, for others it's a chance to find some treasure and provide preloved items with a second lease of life.

**1 May 2023**

#### SAINT-JEAN MIDSUMMER TORCH RELAY

From midnight until the following evening, runners, rowers and horse riders will light the flame of Saint-Jean on the summit of Canigou and start the torch relay, bringing it all through Argelès-sur-Mer. Choirs, sardanas and surprises are on the agenda!

**23 June 2023**

#### DIAD'ARGELÈS

With friends or family, come and experience Argelès-sur-Mer in a festive atmosphere. Bandas, musical entertainment and

performances from local and international artists will provide the soundtrack to this exciting event.

**13 July and 12 August 2023**

#### APLEC

This year is the 48th edition of the largest gathering celebrating the sardana, a traditional Catalan dance practiced since the 19th century. The dance is showcased and then opened up to anyone who is curious about this local folklore.

**2 September 2023**

#### FESTA MAJOR

3 days of popular festivities celebrating the patron saints Como and Damian. 3 days to gain an insight into local culture and traditions through festive entertainment.

**From 22 - 24 September 2023**

### Sports

#### ARGELÈS NATURE TRAIL

Starting from the Valmy park, come and take part the various events on offer: a canicross with your faithful companions, races from 10 to 25 km and children's races, all in the midst of this magnificent landscape.

**29 and 30 April 2023**

#### 8TH INTERNATIONAL SWIMRUN

5 races on the Vermilion Coast ranging from children's races to the Ultra (68km and 2498m height difference), which can even be done relay style. Passing through 5 parishes with 1100 competitors in 1 worldwide stage. Take on the challenge!

**16 and 17 June 2023**

#### 100 MILES SUD DE FRANCE

This Catalan Ultra Trail is a unique opportunity to link the mountains and sea on foot. An extraordinary challenge set out in 3 different races (80 km, 120 km and 170 km) with technical and varied courses in sumptuous landscapes.

**From 6 - 8 October 2023**

### Kids

#### THE CARNIVAL

In Argelès-sur-Mer, there isn't just one or two but five carnivals! On the agenda: joyful cavalcades of unusual floats and a grand masked ball (March 4). A great way to rediscover your inner child.

**26 February, 4 March, 26 March, 28 May and 11 June 2023**

#### THE CIRCUS COMES TO ARGELÈS-SUR-MER

Jugglers, acrobats, clowns, musicians and many other circus artists take over the Allée des Pins to teach the circus arts to young and old alike. With lots of little street shows and performances, there's something for everyone!

**From 27 - 29 May 2023**

#### THE CHRISTMAS VILLAGE

In the historic heart of Argelès-sur-Mer, Santa Claus and his Elves open the doors to their village. An ideal place for a family stroll, to shop for presents and have good time with some music.

**December 2023**

#### NEW YEAR'S VILLAGE

A cocktail of shows and a festival of concerts...this temporary village on the seafront is the ideal place to liven up your end-of-year celebrations.

**From 25 December 2023 - 1st January 2024**

### Artistic

#### THE 1939 EXILE IN COMIC FORM

From vignettes to original plates, this unique exhibition presents a panorama of French and Spanish comic books dealing with the 1939 'Retirada' of Spanish Republicans and civilians.

**From 25 March - 6 May 2023**

### Epicurean

#### BACCHUS FESTIVAL

A social event in the heart of Valmy Park with musical performances, artists, local producers and wine-growers. A party until the end of the night. An epicurean event par excellence!

**From 8 - 10 June 2023**

### Music

#### NATIONAL MUSIC DAY

Part-time or professional artists: the town is yours. Sing, play, perform and make our town move to the music!

**21 June 2023**

#### THE RACOU FAIR

A special little corner nestled between the Pyrenees and the Mediterranean, Le Racou invites you to its traditional fair. Atmosphere guaranteed!

**21 July 2023**

### Nature

#### TO THE RHYTHM OF THE FOREST

A lovely exhibition celebrating the fiftieth anniversary of the Massane Nature Reserve. In the heart of the historic centre of Argelès-sur-Mer, discover the fauna and flora that make the reserve so special.

**From June to November 2023**

#### RECYCLART

For the last 12 years, exhibitions have been held on the seafront promenade. Billboards that are continually used and reused become damaged over time. This is our chance to recycle them into a medium of choice for graffiti artists in this extraordinary Live Painting event. A must-see!

**7 June 2023 - Exhibition from June 2023 to March 2024**

#### SUMMER SCHOOL

Free activities focusing on learning about biodiversity conservation, to establish or reestablish bonds between parents and children and the environment. 40 fun activities are on offer: net fishing, making cosmetics out of natural products, foraging wild food, bee keeping and plant-based cooking.

**July - August 2023**

#### THE GULF OF LION MARINE PARK

A photo exhibition at the Marianne Gallery, created by Lou Baron and Élodie Cubillas highlighting the park's natural heritage and celebrating the hard work of our agents. Discover marine habitats, animal and plant species and raise your environmental awareness!

**Autumn 2023**

#### CONNECT WITH NATURE

Nature-based workshops aimed at the general public, all throughout the year and with a variety of themes.

**December 2023**

### Unusual

#### THE 1ST SWIM OF THE YEAR

This is an annual tradition! The most courageous of you are invited to come for a dip in the Mediterranean at its most invigorating!

**1 January 2024**

Here, nature has something extraordinary. From the base of the Albera Massif, and extending as far as the eye can see towards the Mediterranean, is a breathtaking panorama over landscapes drenched in sunshine that change with the seasons. Its natural diversity offers true escapism... Whether you are coming here for the first time or have lived here all your life, the magic still works!

©Lezbroz



©Lezbroz

## A journey into Catalan territory

Let's start with this long sandy strip called La Côte Radieuse (from Leucate to Argelès). At the mouth of the River Tech lies the **Mas Larrieu Nature Reserve**. In this protected area, you pass through meadows, dunes, reed beds and alluvial forests. Looking up the river, you can even make out Canigó mountain. The fragrance from the fixed dunes is intoxicating, emanating from these small flowers called «Immortelles». Early in the morning, when the dew is evaporating, you get their characteristic spicy smell...

Then, from the reserve, you take **the Sentier du Littoral** (Coastal Path) which leads you to the seaside promenade of Argelès beach where you can find oleanders, tamarisks, pines and palm trees. Once you reach the port, head for Le Racou, a charming little neighbourhood where the houses are built on sand.

From there, walk along **the Côte Rocheuse**, nicknamed the «Vermilion Coast» for its colour. The schist of this jagged coastline takes on an orange hue at sunset. Here you can find endemic terrestrial and aquatic plant species such as the Arméria du Roussillon (thrifths) and Posidonia. Here, the foothills of the Albera Massif plunge into the Mediterranean to create the unique coves of Porteils and Ouille (Olla).

A little further on is **the Domaine de Valmy**. As you start to gain height, a large 19th century villa makes for a surprising discovery. You cannot visit the castle itself but its 5-hectare park is open to the public. Explore the grounds and read about the cultural, historical and natural heritage of the region on the information boards and about the biodiversity of the Albera foothills: strawberry trees, cork oaks, olive trees and cedars.

The Valmy site is also the starting point for many outdoor activities: hiking, mountain biking, nordic walking and gravel biking, etc. allowing you to explore Argelès-sur-Mer and the surrounding area all year round.

And if you go even higher, you reach the totem of Argelès-sur-Mer, the Massane Tower. This is the ideal place to see the canopy of **the Massane beech forest**, which spreads eastwards towards the frontier ridges. This cathedral of beech trees has been evolving freely for 150 years and is now a UNESCO World Heritage Site. Please respect our natural heritage and stay on the marked paths.



Tamarisks



Immortelles

## Guided nature walks

Bring your own vehicle.

Reservation: Tourist Office, Argelès-Plage

+33 (0)4 68 81 15 85 / For groups, please contact us

€ Price: €4

Free for children under 13 accompanied by an adult.

### LE SENTIER DU LITTORAL (COASTAL PATH)

« Where the Albera Massif meets the Mediterranean »

Explore the Côte Vermeille with your guide. Take in the coves and schisty cliffs of the Pyrenean foothills. Smell the maquis shrubland in the air and enjoy the amazing sight of the land plunging into the Mediterranean Sea.

Period: July and August

Departure: Wednesday at gam from the Tourist Office, Argelès-Plage

Duration: 2h30 / Distance: 4 km (2.5 miles)

### MAS LARRIEU COASTAL NATURE RESERVE

« Unspoilt, thriving nature »

Your guide will take you to this pristine part of the Roussillon coast with dunes, pastures, wetlands and the Mediterranean coastal Tech River nearby. Enjoy the wealth of flora in this sensitive unspoilt area.

Period: April to September

Departure: Thursday at gam from the Tourist Office, Argelès-Plage.

Duration: 1h30 / Distance: 2.6 km (1.6 miles)

### NATURAL VALMY

« The delights of the Albera Massif's piedmont plateau »

Follow your guide on an intimate walk where the scent of the maquis shrubland melds with that given off by the cork oak trees. Take in the Cova de l'Alarb dolmen, vineyards and the municipal park with the Roussillon plain and the Catalan Sea as a backdrop.

Period: April to September

Departure: Tuesday at gam from the Pôle Sport Nature, Valmy Park

Duration: 2 h / Distance: 4 km (2.5 miles)

FREE

### VALMY MUNICIPAL PARK

« A balcony over Argelès-sur-Mer »

This is the most beautiful viewpoint over the area and Pyrénées-Orientales landscapes by the Mediterranean Sea. Visit this romantic green 12-acre setting and enjoy having a picnic and relaxing in the shade of the forest. There is also a playground. Discover a route marked out by original signs combining natural heritage and local people's history.

Exit 12 off the D 914 (park in the car park).

+33 (0)4 68 81 47 25

asso@ville-argelessurmer.fr

Period

• From 04/02 to 30/04, every day from 10am to 6pm

• From 01/05 to 30/09, every day from 10am to 7pm

• From 01/10 to 06/11, every day from 10am to 6pm

### PÔLE SPORT NATURE

Pôle Sport Nature is a hub with useful information about the variety of outdoor activities you can do in Argelès-sur-Mer. There will be something for you here, whether you love watersports (kayaking, stand-up paddleboarding, diving, etc.), the flat (cycling, walking, jogging, etc.), or the mountains (hiking, trail running, mountain biking, etc.).

Period : From April to October, Monday to Friday from 2pm to 5pm

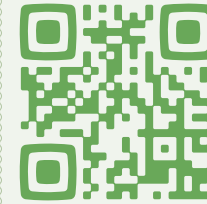
+33 (0)4 68 81 47 25

asso@ville-argelessurmer.fr

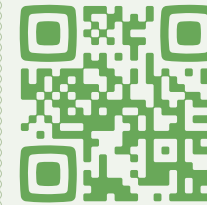


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## FIND OUR ROUTES AND TRAILS ON:



Tourist Office website



Geotrek-Mobile  
Pyrenees Mediterranean  
application



Topo-guide for walks  
and hikes

Paper guide on sale at  
the Tourist Office  
( 2 euros )



Topo-guide bicycle tours  
mountain bike tours

Paper guide on sale at  
the Tourist Office  
( 2 euros )



Topo-guide Le Sentier  
du Littoral (The  
Coastal Path)

Paper guide on sale at  
the Tourist Office  
( 4 euros )



Baludik Expedition  
treasure hunt around  
Valmy Park



## Guided Cycling & MTB Tours

### BIKE HORIZON

Pouchès Florian Chez Alberabike

55 chemin de Palau, ZA ARGELÈS-VILLAGE

+33 (0)9 81 28 36 00

www.bikehorizon.com

Open all year round

### BLUE BEAR CYCLES

Route de Taxo à la Mer  
Camping La Sirène - ARGELÈS-SUR-MER

+33 (0)4 68 95 77 68

www.blue-bear.org

Open from 01/04 to 07/11



### ÇA TROTT

+33 (0)6 18 48 16 06

https://xn--atrott-vua.com/fr/

Open all year round



### VÉLO CLUB DES ALBÈRES

1 rue du 11 Novembre  
Salle Cécile, ARGELES-SUR-MER

+33 (0)6 63 82 29 95

https://vca66.fr/

Open all year round

## Guided Walks

### RANDO ÉVASION

Françoise Danjou

Avenue Torre d'en Sorra, Résidence Les patios N°3  
Le Racou - ARGELÈS-SUR-MER

+33 (0)6 83 30 19 25

www.accompagnateur-montagne-pyrenees.com

Open all year round



### MARCHE NORDIQUE MNPO

Parc de Valmy - ARGELÈS-SUR-MER

+33 (0)7 84 91 53 61

https://mnp066.assoconnect.com/

Open all year round



CULTURE  
AND  
HIKING

**F**ar from the hubbub of the town, follow the hermitage trail and learn about our history on the hiking trails!

©Lezbroz

15



©HelloLaRoux

## Hiking through the ages...

**I**n the heart of the Alberas lies a rich Catalan country culture.

Here you have delightful walks and hikes through spectacular landscapes, for families and experienced hikers alike.

Perhaps one of the prettiest walks is to go up to the Notre-Dame de Vie hermitage with its **Chapelle Saint-Jérôme**. Starting from the Argelès-sur-Mer cemetery, the ascent through the cork oak forest leads you to this special site dating back to the 10th century with its breathtaking viewpoint.

Or step into the shoes of Philip II the Bold when in 1285 he took this paved path heading up the Albera valley. This will take you to **Saint-Ferréol-de-la-Pave** chapel, a mix of pre-Romanesque and Roman-style. And just next door under a large, century-old oak tree is an archetypal fountain, the Font del Bosc. Pure authenticity!

From the Valmy park, follow the path leading to **Chapelle Saint-Laurent-du-Mont**, one of the most

beautiful architectural treasures in the region. Built in the 12th century, it was a church before becoming a refuge for Spanish refugees and later, a sheep pen. A place drenched in history that has recently returned to its original purpose.

And for a family hike, this same path will take you 5,000 years back in time to discover **the Cova de l'Alarb dolmen**.

We wish you a pleasant walk and exciting adventures through time and history.







## CULTURAL AND HISTORICAL HERITAGE



**T**he historic heart of Argelès-sur-Mer may be small, but it is rich in heritage. History, tales of old and some secret places can be found in the centre of the village, a former royal city. Take a stroll, lose your way... and let your imagination take you away!

©HelloLaRoux

## In the footsteps of Argelès-sur-Mer

**A**s an evidence of Argelès-sur-Mer's medieval past, there's the remains of the fortified towers, only revealed to those who dare to venture through the small lanes of the village.

### Notre-Dame-du-Prat

As evidence of Argelès-sur-Mer's medieval past, there's the remains of the fortified towers, only revealed to those who dare to venture through the small lanes of the village.

The bell tower is listed as a Historic Monument. It is the highest church tower in the department, reaching a height of

34m. It had a defensive function as a watchtower and as a bell tower. Very special!

Don't hesitate to get lost between the ramparts inside the old city. The interesting fact is that the town of Argelès-sur-Mer hardly even left its ramparts until the Second World War.

In the heart of the village, you can find houses built at the end of the Middle Ages alongside more modern houses. Look closely at the shape of the windows, the door frames, the tiles and all the other architectural details that provide a more comprehensive reading of Argelès-sur-Mer.

The free Baludik® app takes you on a tour of the old ramparts. You are guided by a game set in the 17th century. The French army comes to lay siege to the town and you step into the shoes of French spies who have come to recy its defences!



### The Casa de l'Albera

is a place that's not to be missed if you want to know more about the local cultural and historical heritage.

**The Camp Memorial** tells the story of an important page in the history of Argelès-sur-Mer. In 1939 it was used as a gathering point for people fleeing the war and Franco's dictatorship. Furthermore, there is a circuit of remembrance so that you can follow in the footsteps of the Spanish refugees.



**The Marianne Gallery** regularly organises memorial exhibitions, alternating with artistic and cultural exhibitions. This is always worth a visit!



## 4 Anecdotes about Argelès-sur-Mer

**1** Notre-Dame-du-Prat is pointing the other way around from most churches. It was redesigned in the 17th century after an earthquake caused the church's chancel to collapse.

**2** Argelès gained its «sur-Mer» in the first half of the 19th century when it had to be distinguished from Argelès-Gazost.

**3** The first Argelès was not located in the valley but in the mountains. It was only after 1163 that the Kings of Aragon asked for it to be established on the plain.

**4** At the end of the 13th century, the Kings of Majorca decreed that Argelès should be a royal town and dependent solely on the authority of the King James II of Majorca. This was a rather rare privilege at the time, which contributed to its development.


## Exhibition venues

Open from February to December

### LA CASA DE L'ALBERA HERITAGE MUSEUM

La Casa de l'Albera is in the heart of the village and teaches visitors all about the Albera Massif.

 4 place des Castellans - ARGELÈS-VILLAGE

 + 33 (0)4 68 81 42 74

 [www.ville-argellessurmer.fr/vivre/culture/espaces-culturels](http://www.ville-argellessurmer.fr/vivre/culture/espaces-culturels)


€ 2 € - Discounted price: €1.50. For groups, please contact us



### ARGELÈS CAMP MEMORIAL


A space devoted to the 475,000 Spanish refugees who fled Francoism from late January 1939. The exhibition displays set out their journey from the start of the Spanish Civil War to their internment at the Argelès-sur-Mer camp. The journey of remembering starts at the camp memorial and ends at the "monolith", taking in the "Spanish" cemetery along the way.

 26 avenue de la Libération - ARGELÈS-VILLAGE

 +33 (0)4 68 95 85 03


€ Single ticket: €2 (with free access to La Casa de l'Albera).

€ Group ticket (minimum 15 people): €1.50 (booking recommended)

 [memorial-argeles.eu](http://memorial-argeles.eu)

## Historical guided tours

Booking required at La Casa de l'Albera.

 +33 (0)4 68 81 42 74

€ Price: €4

Free for children aged under 13 who are accompanied by an adult.


Guided tours available in English, French and Spanish.

### ARGELÈS-VILLAGE "THE ANCIENT ROYAL CITY"

Argelès-sur-Mer will surprise you with its charming old town boasting narrow streets, ramparts and a 13th-century church. Starts: Casa de l'Albera reception, Argelès-Village.


 Departure : Casa de l'Albera reception - ARGELÈS-VILLAGE


 2h


 All year round, Tuesday and Thursday mornings at 10am.

### ARGELÈS-PLAGE "ALL ABOUT THE BEACH"


Explore the protected pine plantation and the local architectural heritage reflecting La Retirada (when Spanish Civil War refugees fled to France), the Spanish refugee camp and the emergence of modern tourism.


 Departure : Tourist Centre, Place de l'Europe - ARGELÈS-PLAGE

 Duration: 2 hours

 All year round, Wednesday morning at 10am

### MARIANNE GALLERY


 Espace Liberté Rue du 14 Juillet ARGELÈS-VILLAGE

 +33 (0)4 68 81 50 60


€ Free

### MÉDIATHÈQUE JEAN FERRAT (MULTIMEDIA LIBRARY)

 Espace Liberté ARGELÈS-VILLAGE

 +33 (0)4 68 81 42 73

 <https://www.cc-acvi.com/vos-loisirs/mediatheques/>

 Open all year round



  
SHOPPING

Not just shopping,  
*soak up the atmosphere!*

**T**he beach district and its famous pedestrian walkways welcome you, by day and by night. A friendly atmosphere reigns supreme here with its shops and overhanging pine trees providing some welcome shade to cool off in. It's the perfect place to stroll around on a hot summer's afternoon; to do some shopping, enjoy an ice cream or even get a temporary tattoo. At night, the restaurants, bars and discos take over from the shops giving a different atmosphere!

If you love authentic gifts, there is nothing better than wandering through the heart of the village to visit our small shops, bookshops and local artists. If it's the traditional atmosphere of our region that you're after, at certain times of the year you can enjoy traditional folklore events such as our local festivals, sardanas or dances.

The harbour has yet another atmosphere. Between the fish and fresh produce market stalls, it is not unusual to come across our local craftsmen (soap makers,

leather workers, cabinet makers, potters and ceramists or knife makers), all proud to show off the fruits of their labour... perfect for some great souvenirs!

WATER  
SPORTS



**A**rgelès-sur-Mer is the ideal place for water lovers. Being right on the Mediterranean makes it the perfect playground, whether you are a fan of more gentle or more demanding water sports. Adapt to the sea and enjoy it in all seasons.

©Lezbroz



©HelloLaRoux

Out on the water...  
*whatever the season!*



**A**dmire the colourful traditional Catalan boats in the harbour sitting perfectly alongside the delightful tall ships, providing a backdrop from another time. Dive into the clear water and discover the underwater plants and animals. One of our five scuba clubs can take you to the most beautiful spots on this rocky coast. Experience the underwater world in a different way, aboard our glass bottom boats. The underwater world accessible to all, young and old... and without getting wet! Get year-round access to places

that are impossible to get to unless kayaking or stand-up paddle boarding. Skirt along the cliffs with natural beaches and small coves tucked away from the world.

Harness the power of the wind on a Wingfoil, a clever mix between Stand-up Paddling and Windsurfing. With this nautical innovation, you can rise above the surface of the water and get some adrenaline.

Glide over the water on a Windsurf or on a Funboard- a classic windsurf or its sportier version. Get up to speed and ride the wind!

Enjoy the pleasure of sailing on the water aboard a sport catamaran. These small «learner boats» with their special parallel hulls are ideal for a day out, either by yourself or guided.

Introduce your children to the thrills of sailing on an Optimist, a

small dinghy specially designed for them. The more experienced ones can even improve their skills in one of our clubs.



## INFORMATIONS

-  Aid station
-  Lookout
-  Tourist Information Office
-  Disabled parking
-  Car park
-  Toilets
-  Bins are available at each beach entrance
-  Dogs on a lead allowed  
No dogs in the water from 10:30am to 7:30pm Fishing parking Mas Larrieu Nature Reserve
-  No dogs allowed

### CHILDREN'S WRISTBANDS

Bright wristbands in different colours for each zone (to help if little ones get lost) are available from help points:  
P1: red, P2: blue, P3: green, P4: neon yellow, P5: purple, P6: pink.

### EMERGENCIES

Central help point (chief lifeguard):  
+33 (0)4 68 81 12 41  
Fire brigade: Call 18 or 112 when help points are closed.

### BEACH INFORMATION

Bathing water quality  
From 15 June to 15 September, the ARS regional health agency regularly checks bathing water quality.

### HANDIPLAGE ACCREDITATION

(Help point 3)



# Beach lifeguards

from 29 april to 1<sup>st</sup> octobre 2023

6 aid stations for the lifeguard season, numbered from North to South: P1, P2, P3, P4 (central aid station), P5 and P6 (see map opposite).  
Toilets at each aid station.

29 april to 29 may	Central aid station (P4), public holidays and week-end, 29 and 30 april. 1. 6,7,8,13,14,18,19,20,21,27,28,29 may from 10:30am to 6pm
3 to 30 june	Central aid station (P4), aid station 3, aid station 6, aid station 1 every day from 10:30am to 6pm
10 to 30 june	Aid station 2 and aid station 5, every day from 10:30am to 6pm
1st july to 31 august	All 6 aid stations (numbered P1 to P6), every day from 10:30am to 7pm
1st to 10 september	All 6 aid stations (numbered P1 to P6), every day from 10:30am to 6pm
11 to 17 september	Central aid station (P4), aid station 5, aid station 6, aid station 3 and aid station 1, every day from 10:30am to 6pm
18 to 24 september	Central aid station (P4), aid station 6 and aid station 3, based on the weather, every day from 10:30am to 6pm
25 september to 1 octobre	Central aid station (P4) and aid station 6, based on the weather, every day from 10:30am to 6pm



## BEACH CLUBS



### AQUA PLAGE

Swimming school, towed buoys, paddle  
100 boulevard de la Mer  
Plage Nord - Aid station n°2  
+33 (0)6 37 24 81 38  
aqua-plage-arges.fr  
Open from 03/06 to 10/09



### CENTRAL WINDSURF

Sailing school, sea kayaking, sailing, windsurfing, paddle, deckchair hire  
Plage des Pins, Aid station n°3  
+33 (0)7 50 60 57 61  
www.centralwindsurf.com  
Open from 18/05 to 15/09



### CLUB CHARLY PLAGE

Deckchair hire, snacks  
Avenue du Grau  
Plage Sud - Aid station n°5  
+33 (0)6 68 99 64 25  
Open from 02/06 to 18/09

### CLUB ÉMERAUDE

Sailing school and Wingfoil, sea kayak, catamaran, windsurfing, paddle, pedal boat, deckchair hire  
Parking de la Marende  
Plage Nord - Aid station n°1  
+33 (0)6 09 20 62 24  
www.clubemeraude.fr  
Open from 01/05 to 15/09



### CRAZY JUMP

Inflatable playground for children  
Aid station n°5  
+33 (0)6 19 99 46 80  
Open from 04/06 to 18/09

### EDEN CLUB

Swimming school and water skiing, towed buoys, inflatable games  
Facing Rue Surcouf  
Plage Sud - Aid station n°5  
+33 (0)6 89 60 06 39  
www.eden-club-arges.com  
Open from 01/06 to 30/09



### HAWAII RESTAURANT PLAGE

Deckchair hire, catering  
Plage de la Marende - Aid station n°1  
07 49 77 57 89  
Open from 27/05 to 18/09

### LA MER VEILLEUSE BEACH CLUB

Paddleboard, deckchair hire, juice bar  
Plage des Pins - Aid station n°4  
+33 (0)6 31 15 52 09  
Open from 29/04 to 30/09

### LA NOUVELLE VAGUE

BEACH CLUB  
Deckchair hire, catering  
100 Boulevard de la Mer  
Plage du Tamariguer - Aid station n°2  
+33 (0)6 20 57 27 64  
Open from 08/05 to 15/09

### PIRATE'S LAND

Inflatable playground for children  
1903 allée des Pins - Parking du Casino  
+33 (0)6 62 20 72 24  
Open from 01/04 to 15/09



### TROPICAL JUMP

Swimming school and aquagym, paddle, children's water playground  
Bd du Canigou - Aid station n°3  
+33 (0)6 11 42 29 31  
www.tropicaljump.com  
Open from 04/06 to 18/09

### WATERSPORT AVENTURE

Windsurfing school, paddle  
Guided activities, sea kayaking  
Parking du port - Aid station n°5  
+33 (0)6 81 29 58 14  
www.watersportaventure.com  
Open from 01/05 to 30/09



## Harbour Master's Office

Argelès-sur-Mer Port is just a few nautical miles from Cap Béar. It has 891 berths and provides all services: fuelling, handling, fittings, boat repairs, etc. The port is like a little village with squares, shops, restaurants and events.

📍 Résidence Mers du Sud  
Latitude : 42°32'7 N  
Longitude : 03°03'4 E  
Depth of outer harbour : 2,50 m  
Harbour basins : 2,50 m  
☎ +33 (0)4 68 81 63 27 - VHF channel 9  
✉ contact@port-argelessurmer.fr  
☀ Marine meteorology :  
+33 (0)899 71 08 08  
(€2.99 per call + call cost)

## Sailing Schools

### CENTRAL WINDSURF

📍 Plage des Pins  
Aid Station n°3  
☎ +33 (0)7 50 60 57 61  
🌐 www.centralwindsurf.com  
📅 Open from 18/05 to 15/09



### CLUB ÉMERAUDE

📍 Parking de la Marende  
Plage Nord - Aid station n°1  
☎ +33 (0)6 09 20 62 24  
🌐 www.clubemeraude.fr  
📅 Open from 01/05 to 15/09



### FORM' MARINE

📍 Poste A 19  
Quai de la Capitainerie  
PORT-ARGELÈS  
☎ +33 (0)6 09 76 96 70  
🌐 www.form-marine.com  
🕒 Open all year round

## Flyfish - Towed Craft Electric Surf

### WATERFLY

📍 3 Place Magellan immeuble Atalaya  
☎ +33 (0)6 12 26 59 93  
🌐 www.waterfly66.com  
📅 Open from 15/05 to 15/09

### EDEN CLUB

📍 Facing Rue Surcouf  
Plage Sud - Aid station n°5  
☎ +33 (0)6 89 60 06 39  
🌐 www.eden-club-argeles.com  
📅 Open from 01/06 to 15/09



## Fishing Trips

### CLUB DE PECHE EN MER

📍 PORT-ARGELÈS  
☎ +33 (0)6 20 79 18 88  
📅 Open from 08/04 to 15/10

### COMPAGNIE MARITIME ROUSSILLON CROISIÈRES

📍 Office : 9 rue des Matelots.  
Résidence Atalaya - PORT-ARGELÈS  
Ticket office fishermen's car park  
☎ 33 (0)6 34 48 04 98  
🌐 www.roussillon-croisieres.com  
📅 Open from 02/04 to 31/12



## Sea Kayak

### BLUE BEAR KAYAK ET PADDLE

📍 Route de Taxo à la Mer  
Camping La Sirène - ARGELÈS-SUR-MER  
☎ +33 (0)4 68 95 77 68  
🌐 www.blue-bear.org  
📅 Open from 01/04 to 07/11



### WATERSPORT AVENTURE

📍 Parking du port  
Aid station n°5  
☎ +33 (0)6 81 29 58 14  
🌐 www.watersportaventure.com  
📅 Open from 01/05 to 30/09



## Boat Rental

### NAVISUD

📍 BP 51 - Zone Technique du port  
☎ +33 (0)6 76 89 79 54  
🌐 www.navisud-argeles.fr  
📅 Open from 01/04 to 30/10

### SAILING WAY

📍 Reception Pontoon G15  
In front of the Residence Mer & Golf - PORT-ARGELÈS  
☎ +33 (0)6 13 21 34 37  
🌐 www.sailingway.com  
📅 Open from 01/03 to 15/11

## Parascending

### WATERFLY

📍 3 Place Magellan immeuble Atalaya  
☎ +33 (0)6 12 26 59 93  
🌐 www.waterfly66.com  
📅 Open from 15/05 to 15/09

## Skin Diving

### AQUATILE PLONGÉE

📍 2 place Magellan  
Résidence Atalaya  
PORT-ARGELÈS  
☎ +33 (0)6 16 51 31 06  
🌐 www.aquatile.fr  
🕒 Open all year round



### ARCHIPEL PLONGÉE

📍 8 résidence Les Villégiales du  
Quai d'Honneur - Esplanade du  
nouveau Monde - PORT-ARGELÈS  
☎ +33 (0)7 67 44 43 25  
☎ +33 (0)6 24 29 78 74  
🌐 www.archipelplongee.com  
📅 Open from 01/03 to 30/11



### ARGELÈS PLONGÉE

📍 Rue des Matelots  
Résidence Santa Maria -  
PORT-ARGELÈS  
☎ +33 (0)6 78 48 76 30  
🌐 www.argeles-plongee.com  
📅 Open from 07/04 to 20/11



### LA SIRÈNE PLONGÉE

📍 Camping La Sirène  
Route de Taxo - ARGELÈS-SUR-MER  
☎ +33 (0)4 68 81 60 58  
☎ +33 (0)6 14 96 38 66  
🌐 www.lasireneplongee.com  
📅 Open from 22/04 to 20/09

### NOSTRA MAR

📍 Camping Le Bois Fleuri Route  
de Sorède - ARGELES-SUR-MER  
☎ +33 (0)7 83 30 24 74  
🌐 https://nostramar.fr/  
📅 Open from 03/07 to 17/09

## Boat Trips

### AQUAVISTA

📍 Quai Marco Polo - PORT-ARGELÈS  
Ticket office (yellow) fishermen's  
car park  
☎ +33 (0)4 83 43 26 36  
🌐 www.kapmer.fr  
📅 Open from 01/06 to 20/09



### BLEU LOISIRS

📍 PONTON H, PLACE 20  
PORT-ARGELÈS  
☎ +33 (0)6 40 17 94 92  
🌐 www.bleuloisirs.fr  
📅 Open from 01/04 to 07/11

### CTM CROISIÈRES

📍 Résidence Atalaya  
PORT-ARGELÈS  
Ticket Office : 9 rue des Matelots  
☎ +33 (0)6 34 48 04 98  
🌐 www.ctm-croisieres.com  
📅 Open from 01/06 to 15/10



### COMPAGNIE MARITIME ROUSSILLON CROISIÈRES

📍 Office : 9 rue des Matelots.  
Résidence Atalaya - PORT-ARGELÈS  
Ticket office fishermen's car park  
☎ +33 (0)6 34 48 04 98  
🌐 www.roussillon-croisieres.com  
📅 Open from 02/04 to 31/12



### KAPMER

📍 Quai Marco Polo - PORT-ARGELÈS  
☎ +33 (0)4 83 43 26 36  
🌐 www.kapmer.fr  
📅 Open from 01/04 to 30/09

## Stand up paddle

### BLEU LOISIRS

📍 PONTOON H, PLACE 20  
PORT ARGELÈS  
☎ +33 (0)6 40 17 94 92  
🌐 www.bleuloisirs.fr  
📅 Open from 01/05 to 31/10

### BLUE BEAR KAYAK ET PADDLE

📍 Route de Taxo à la Mer  
Camping La Sirène  
ARGELÈS-SUR-MER  
☎ +33 (0)4 68 95 77 68  
🌐 www.blue-bear.org  
📅 Open from 01/04 to 07/11



### WATERSPORT AVENTURE

📍 Parking du port  
Aid station n°5  
☎ +33 (0)6 81 29 58 14  
🌐 www.watersportaventure.com  
📅 Open from 01/05 to 30/09



### RIVERSIDE PADDLE

📍 D914 Sortie 9 direction Palau  
Del Vidre - ARGELÈS-SUR-MER  
☎ +33 (0)7 62 06 86 98  
🌐 www.riversidepaddle.com  
📅 Open from 01/05 to 30/09

😊  
LEISURE  
ACTIVITIES



**T**here are a thousand and one ways to have fun in Argelès-sur-Mer. With family or friends, adventurously or intimately, in summer or any other season, reconnect with your inner child through a range of leisure activities only found here!

©B.Collard



© Stephane\_FERRER

*A life-sized  
playground!*

**I**t's time to get moving! If there is one thing unique to Argelès-sur-Mer it's great adventure parks.

Try the **Canyoning Park** where you can do jumps, slides, wells and drops as if you were in the natural environment. Go to the **Drop in Water Jump** and launch yourself from its gigantic ramps and plunge into the refreshing pool. Or head to **the Extreme Tower**, the only 30-metre high wooden tower in France and leap into the void from 8, 11 or 28 metres up. Pure adrenalin!

Satisfy your need for speed on our **go-kart track!** Challenge yourself and your friends from behind the wheel of our race cars. Test your reflexes and challenge the opposition to an exciting game of **Paintball**, **Lasergame** or **Windfly** - a free fall simulator. Team spirit and thrills guaranteed!

Day or night, check out our **funfairs** and **games rooms** that are open at night, dance until the early hours of the morning in our

**nightclubs** or have a cocktail at one of our many **bars**.

Take it easy...

Yes, you can enjoy yourself in a more relaxed way in Argelès-sur-Mer too.

Stroll along the **beach** in the early hours of the morning before settling down for a few hours on one of the deckchairs at our beach club or relax in one of our **spas**.

Have a game of **mini-golf** or **bowling**, try the **escape game** or play **tennis** or **padel** with family and friends.

You could also rent a **bike** and explore our 90 km of cycle paths if you like. And if you want to combine gentle leisure, sport and nature, there's nothing better than **Acerobranche** whose rope courses bring you up into the sky to see things from another perspective.

And there is nothing to stop you from doing both... Chill out and have fun!



## Special activities

## ☺ LUDO LOISIRS

- 📍 Route de Taxo à la Mer - ARGELÈS-SUR-MER
- 📞 +33 (0)6 64 39 62 36
- 🌐 [www.ludoloisirs.com](http://www.ludoloisirs.com)
- 🕒 Open all year round, booking required, at home

## Casino-Games

## ☺ JOA CASINO

- 📍 Allée des Pins - ARGELÈS-PLAGE
- 📞 +33 (0)4 68 81 14 29
- 🌐 [www.joa.fr](http://www.joa.fr)
- 🕒 Open all year round

## ☺ LA SALLE DE JEUX LE FLIPPER

- 📍 5 allée Jules Aroles - ARGELÈS-PLAGE
- 📅 Open from 01/04 to 24/10

## Equestrian Centres

## ☺ KENTUCKY RANCH

- 📍 Avenue de la Retirada 1939 - ARGELÈS-PLAGE
- 📞 +33 (0)6 11 83 52 79
- 📞 +33 (0)4 68 81 32 68
- 🌐 [www.cheval-argeles.com](http://www.cheval-argeles.com)
- 🕒 Open from 12/01 to 31/12



## ☺ LES CHEVAUCHÉES CATALANES

- 📍 Mas YALA, chemin de la Cerigue ARGELÈS-SUR-MER
- 📞 +33 (0)6 08 02 11 79
- 📅 Open from 01/03 to 30/09 booking required

## ☺ RANCH LES AMAZONES

- 📍 Chemin du Pas de l'Arbre Blanc ARGELÈS-SUR-MER
- 📞 +33 (0)6 88 15 94 35
- 🕒 Open from 01/01 to 01/11

## ☺ RANCH DE LA SIRÈNE

- 📍 Angle chemin de la Salanque, Rond point Las Paganes ARGELÈS-SUR-MER
- 📞 +33 (0)6 13 68 34 71
- 📅 Open from 10/04 to 25/09

## Cinema

## ☺ CINÉMA JAURÈS CINÉMAGINAIRE

- 📍 Rue Jean Jaurès - ARGELÈS-VILLAGE
- 📞 +33 (0)4 68 81 15 37
- 📞 +33 (0)4 68 08 22 16
- 🌐 [www.cinemaginaire.org](http://www.cinemaginaire.org)
- 🕒 Open all year round



## Nightclubs

## ☺ LE CENTRAL BEACH

- 📍 5 allée Jules Aroles Allée des Pins - ARGELÈS-PLAGE
- 📞 +33 (0)7 86 06 74 35
- 🕒 Open from 25/03 to 31/12

## ☺ LE POTCHIC

- 📍 Centre commercial Costa Blanca Bd de la Méditerranée - ARGELÈS-PLAGE
- 📞 +33 (0)6 81 16 25 73
- 📅 Open from 01/06 to 31/12

## Escape Game

## ☺ ESCAPE GAME L'INTRIGUE

- 📍 16 rue des Loriots - ARGELÈS-VILLAGE
- 📞 +33 (0)7 67 67 30 12
- 🕒 Open all year round

## Coach Tours

## ☺ ARGELES TOURISME VOYAGES «ATV»

- 📍 Parking du Grau - Rond-point de l'Arrivée ARGELÈS-PLAGE
- 📞 +33 (0)4 68 81 09 81 - +33 (0)4 68 81 50 78
- 🌐 [www.argeles-tourisme.com](http://www.argeles-tourisme.com)
- 🕒 Open all year round

## ☺ CARS VERTS VOYAGES

- 📍 10 rue Jeanne d'Arc - 66000 PERPIGNAN
- 📞 +33 (0)4 68 51 19 47
- 🌐 [www.cars-verts-voyages.com](http://www.cars-verts-voyages.com)

## Amusement parks

## ☺ LE JARDIN ENCHANTÉ

- 📍 Avenue des Platanes - ARGELÈS-PLAGE
- 📞 +33 (0)6 09 98 51 91
- 🌐 <http://le-jardin-enchante.com/>
- 🕒 Open from 04/02 to 07/11

## ☺ LE PARC VÉNITIEN

- 📍 Allée des Pins - ARGELÈS-PLAGE
- 📞 +33 (0)6 19 99 46 80
- 🌐 [www.parc-venitien.fr](http://www.parc-venitien.fr)
- 📅 Open from 02/04 to 07/11

## ☺ LUNA PARK

- 📍 Espace de Loisirs - Impasse Copernic ARGELÈS-SUR-MER
- 🌐 [www.luna-park-argeles.com](http://www.luna-park-argeles.com)
- 📅 Open from 23/06 to 03/09

## Fishing in seawater lagoon

## ☺ LES 4 ETANGS DE ROBINSON

- 📍 Route de Taxo d'Amont - ARGELÈS-SUR-MER
- 📞 +33 (0)6 52 92 64 25 pêche
- 📅 Open from 01/04 to 31/10

## Intercommunal Swimming-pool

## ☺ ALBERAQUATIC

- 📍 130 avenue de Charlemagne ARGELÈS-VILLAGE
- 📞 +33 (0)4 68 37 04 05
- 🌐 <https://www.cc-acvi.com/vos-loisirs/piscine/infos-pratiques/>
- 🕒 Open all year round



©www.pexels.com

## Mini golfs

## ☺ PARADISE GOLF

- 📍 Espace de Loisirs - 5 impasse Copernic ARGELÈS-PLAGE
- 📞 +33 (0)6 73 77 71 35
- 🌐 [www.paradise-aventures.com](http://www.paradise-aventures.com)
- 🕒 Open from 11/02 to 04/11



## ☺ TROPICAL GOLF

- 📍 Avenue du 8 Mai 45 - ARGELÈS-PLAGE
- 📞 +33 (0)4 68 95 94 92
- 🌐 [www.tropical-golf.com](http://www.tropical-golf.com)
- 📅 Open from 08/04 to 06/11

## Bike, mountain bike and scooter hire

## ☺ ALBERABIKE

- 📍 55 Chemin de Palau - ZA-ARGELES-SUR-MER
- 📞 +33 (0)9 81 28 36 00
- 🌐 [www.alberabike.fr](http://www.alberabike.fr)
- 🕒 Open all year round



## ☺ ARGELÈS VÉLOS

- 📍 86 Avenue du 8 Mai 1945 - ARGELÈS-PLAGE
- 📞 +33 (0)6 19 76 27 51
- 🌐 <https://argelesvelos.fr>
- 🕒 Open all year round

## ☺ BLUE BEAR CYCLES

- 📍 Route de Taxo à la Mer Camping La Sirène - ARGELÈS-SUR-MER
- 📞 +33 (0)4 68 95 77 68
- 🌐 [www.blue-bear.org](http://www.blue-bear.org)
- 📅 Open from 01/04 to 06/11



## ☺ GUIDON FUTÉ

- 📍 Résidence Le Pré Catalan 465 avenue du Tech - ARGELÈS-PLAGE
- 📞 +33 (0)4 68 81 56 55
- 🌐 [www.guidon-fute.com](http://www.guidon-fute.com)
- 📅 Open from 27/06 to 30/09

## ☺ LOC'ÉVASION

📍 Quai Marco Polo  
Les Villégiales du Môle - PORT-ARGELÈS  
☎ +33 (0)4 68 54 29 66  
🌐 [www.argeleslocation.e-monsite.com](http://www.argeleslocation.e-monsite.com)  
📅 Open from 01/03 to 05/11



## ☺ PAULETTE

📍 8 Rue Wilson - ARGELÈS-SUR-MER  
🌐 <https://paulette.bike/fr/>  
☎ +33 (0)5 82 28 05 10  
📞 +33 (0)6 50 36 69 98  
🕒 Open all year round

## ☺ VELOCATION

📍 Galerie commerciale Central Beach  
187 avenue du Tech - ARGELÈS-PLAGE  
☎ +33 (0)4 68 81 61 61  
🌐 [www.velocation.fr](http://www.velocation.fr)  
📅 Open from 01/04 to 30/09



© B.Collard

## Scooter hire

### ☺ EVA MOTORS

📍 8 Rue des Verdiers - ZA-ARGELES-SUR-MER  
☎ +33 (0)4 11 64 82 36  
🕒 Open all year round

## SPA

### ☺ BEAUTY SPA GRAND HOTEL DU GOLFE

📍 Grand Hôtel du Golfe - Route de Collioure  
La Corniche - ARGELÈS-SUR-MER  
☎ +33 (0)4 68 81 57 37  
🌐 [www.grandhoteldugolfe.com/spa-hammam-argeles](http://www.grandhoteldugolfe.com/spa-hammam-argeles)  
🕒 Open all year round

### ☺ EDEN SPA

📍 Camping le Méditerranée - Chemin du Pas de las Baques - ARGELÈS-SUR-MER  
☎ +33 (0)4 68 81 73 53  
🌐 [www.l mediterranee-argeles.fr/fr/eden-spa](http://www.l mediterranee-argeles.fr/fr/eden-spa)  
📅 Open from 21/04 to 16/09

### ☺ GARDEN SPA

📍 Hôtel le Cottage - 21 Rue Arthur Rimbaud  
ARGELÈS-VILLAGE  
☎ +33 (0)4 68 81 07 33  
🌐 [www.hotel-lecottage.com](http://www.hotel-lecottage.com)  
📅 Open from 05/04 to 08/10

### ☺ PRÉVENTION SPORT SANTÉ ARGELÈS

📍 17 rue des colverts - ARGELES-SUR-MER  
☎ +33 (0)4 68 21 37 46  
📞 +33 (0)7 69 40 45 22  
🌐 <https://kinesportsante-argeles.fr/pssa/>  
🕒 Open all year round

## Tennis

### ☺ TENNIS/PADEL ARGELÉSIE

📍 22 Avenue Molière - ARGELÈS-SUR-MER  
☎ +33 (0)4 68 81 33 29  
📞 +33 (0)6 19 40 47 13  
🌐 [www.club.fft.fr/tc.argeles](http://www.club.fft.fr/tc.argeles)  
🕒 Open from 01/07 to 31/12

### ☺ FOREST PIN'S TENNIS

📍 Bois de Pins - ARGELÈS-PLAGE  
☎ +33 (0)6 70 61 82 98  
🌐 <https://forestpintennis.jimdo.com/>  
🕒 Open all year round

## Leisure area

📍 Plage Nord - Impasse Copernic

## Bowling - Pool - Laser Game

### ☺ PLAZA BOWL

☎ +33 (0)4 68 95 21 21  
🌐 [plazabowl.fr](http://plazabowl.fr)  
🕒 Open from 01/04 to 31/12



## Karting

### ☺ LUDI KART - KARTING ARGELÈS

☎ +33 (0)4 68 81 88 01  
🌐 [www.ludikart.com](http://www.ludikart.com)  
🕒 Open from 12/02 to 06/11



## Mini-golf

### ☺ PARADISE GOLF

☎ +33 (0)6 73 77 71 35  
🌐 [www.paradise-aventures.com](http://www.paradise-aventures.com)  
🕒 Open from 11/02 to 04/11



## Aquatic parks

### ☺ CANYONING PARK

☎ +33 (0)4 68 95 41 66  
🌐 [www.paradise-aventures.com](http://www.paradise-aventures.com)  
📅 Open from 13/05 to 23/09



### ☺ DROP IN WATER JUMP PARK

☎ +33 (0)4 68 95 41 66  
🌐 [www.paradise-aventures.com](http://www.paradise-aventures.com)  
📅 Open from 01/06 to 16/09



## Paintball

### ☺ STARKH PAINTBALL

☎ +33 (0)7 60 29 85 80  
🌐 [www.starkh-paintball.com](http://www.starkh-paintball.com)  
🕒 Open from 14/02 to 31/12

## Free fall simulator

### ☺ WINDFLY

☎ +33 (0)6 64 11 63 76  
🌐 [www.windfly.fr](http://www.windfly.fr)  
📅 Open from 11/02 to 03/09

## Adventure parks

### ☺ ARGELÈS AVENTURE

☎ +33 (0)4 68 95 41 66  
🌐 [www.paradise-aventures.com](http://www.paradise-aventures.com)  
📅 Open from 11/02 to 03/09



### ☺ TOUR DE L'EXTRÊME

☎ +33 (0)4 68 95 41 66  
🌐 [www.paradise-aventures.com](http://www.paradise-aventures.com)  
📅 Open from 03/06 to 02/09

## Amusement parks

### ☺ LUNA PARK

🌐 [www.luna-park-argeles.com](http://www.luna-park-argeles.com)  
📅 Open from 23/06 to 03/09



©Stephane Ferrer





PRODUCE  
AND  
CUISINE

**W**ow, the market! Its colourful stalls, its fragrances, its sun-soaked fruit and vegetables, fish that was caught the same morning... A sensory experience that you can enjoy all year round in the flowery lanes of Argelès-sur-Mer. Meet the people who bring it to life and take away some of the delicious produce that goes into our Mediterranean recipes, like this one suggested by the talented chef, Éloïse, from «Le Cul de Poule» podcast.

## Sea bream, fennel and citrus sauce? A recipe to awaken your taste buds!

### Ingredients

#### Serves 4:

- 4 nice fillets of sea bream without the skin
- 4 sheets of nori seaweed
- 2 large fennel bulbs
- 2 oranges
- 1 lemon
- 1 shallot
- olive oil
- Salt and pepper

#### Sea bream wrapped in nori seaweed, roasted fennel and vierge d'agrumes sauce

To begin, preheat your oven to 200°C.

Trim the fennel bulbs at their base a little bit, keeping all the leaves together, and cut them lengthwise into 4. Place them in a dish, drizzle with a generous amount of olive oil, season with salt and pepper and bake for 45 minutes.

Move on to the fish. First, remove the bones from your bream fillets. Once this is done, salt and fold the fillets back on themselves. Salt the other 2 sides as well.

It's time to wrap! Take your sheets of nori seaweed and put the shiny side down on the board. Then place your fillets on top and roll them up, as tightly as possible. Don't worry if it's not even!

Then take a small bowl of water, dip your fingers in it and stick the edges and sides of the nori sheet together. Set aside in a dish on a sheet of baking paper.

Time for the vierge d'agrumes sauce. Finely chop the shallot, grate the zest of the lemon and an orange, squeeze the juice from the lemon and put it all in a bowl. Peel the 2 oranges to expose the flesh and cut them into generous slices. Cut them into quarters and add them to the mixture. Add 8 tablespoons of olive oil, 2 large pinches of salt and half a teaspoon of pepper. Mix and emulsify!

All that remains is to put the fillets in the oven for 10 minutes while the fennel finishes cooking... just enough time to set a nice table.

It's all done! Enjoy!  
Bon profit! (Bon appétit in Catalan)



## The markets

### Monday

**ARGELÈS-PLAGE**  
Traditional market  
📍 Parking des Platanes  
📅 14 June to 22 September

### Tuesday

**PORT-ARGELÈS**  
Market selling local and organic produce  
📍 Place du Nouveau Monde  
📅 13 June to 19 September  
**Night market**  
📅 30 June to 16 September

### Wednesday

**ARGELÈS-VILLAGE**  
Traditional market  
📍 Rue et Place de la République  
🕒 All year round  
**ARGELÈS-PLAGE**  
Traditional market  
📍 Parking des platanes  
📅 14 June to 22 September

### Thursday

**PORT-ARGELÈS**  
Traditional market  
📍 Place du Nouveau Monde  
📅 15 June to 21 September

### Friday

**ARGELÈS-PLAGE**  
Traditional market  
📍 Parking des Platanes  
📅 14 June to 22 September

**PORT-ARGELÈS**  
Night market  
📅 30 June to 16 September

### Saturday

**ARGELÈS-VILLAGE**  
Traditional market  
📍 Rue et Place de la République  
🕒 All year round

### Sunday

**PORT-ARGELÈS**  
Producer market  
🕒 All year round

### Evenings

**ARGELÈS-PLAGE**  
Artisan market  
📍 Parking des Pins  
📅 14 June to 16 September, every evening from 5pm to midnight

### Local fishing

**DIRECT SALE OF FRESH FISH**  
📍 Quai du Môle  
📅 7 days a week, the morning



The Paysans de la Mer et de la Terre association is made up of producers who value local food networks and enable consumers to enjoy dozens of 100% local products.

📅 Open from 1 June to 30 September, 7 days a week from 9:30am.

Buy local produce: wine, olive oil, fruit and vegetables, meat, cheese, farmhouse eggs, fruit nectar, jam, honey and beer.

📍 Avenue du Grau  
**ARGELÈS-PLAGE**  
(in front of entrances to Front de Mer and La Sardane campsites)  
[www.paysans-mer-terre.org](http://www.paysans-mer-terre.org)



# Local Products

## Beers

### BRASSERIE CAP D'ONA

29 avenue des Flamants Roses  
ZA ARGELÈS-SUR-MER

+33 (0)4 68 95 79 09

www.cap-dona.com

Open all year round



## Fruits and vegetables

### LE JARDIN D'ARGELÈS

Fabien Sanz

Rond-point Pujol - ARGELÈS-SUR-MER

+33 (0)6 22 69 85 73

Open from 01/04 to 15/10



### MAS TASTU LES PANIERS DES BIOS-FRÈRES

Mas Tastu - ARGELÈS-SUR-MER

+33 (0)7 68 38 27 89

Open all year round



## Olive oils

### DOMAINE OLÉICOLE DU MAS BOUTET

Isabelle Girodeau

Mas Boutet - Route de la Corniche de  
Collioure (entrance by the Hotel des Mouettes)  
RN114 - ARGELÈS-SUR-MER

+33 (0)6 14 90 52 51

www.masboutet.com

Open from 08/04 to 30/09



### MAS DU ROUA

Famille Redondo

49 chemin du Roua - ARGELÈS-SUR-MER

+33 (0)4 68 89 32 95

huiledolive.eklablog.fr

Open from 01/04 to 31/10



## Citrus liqueurs - Limoncello

### DOMAINE DE LA MER BLANCHE

Frédéric Bey

Chemin du Pas de l'Arbre Blanc  
ARGELÈS-SUR-MER

+33 (0)6 15 10 59 40

https://la-mer-blanche.fr

Open all year round

Out of season by appointment

Limoncello and other fruit liqueurs, fruit juices  
olive oil and jam



## Local fishing

### DURIETZ OLIVIER

Avenue du Môle - At the sign for local fishing  
local, on the left - PORT-ARGELÈS

+33 (0)6 72 71 29 32

Open from 18/02 to 31/12, from 8 to 12am -

Direct sales on the Quai du Môle



### GUETZAL II

Georges Jaume

PORT-ARGELÈS

+33 (0)6 12 77 23 46

All year round, 7 days a week from 8:30am to

11:30am - Direct sales on the Quai du Môle



## Dry aromatic and medicinal plants and honey

### MEL I FLOR

Stéphane Pineda

3 rue Paul Claudel - ARGELÈS-SUR-MER

+33 (0)6 16 80 28 61

Open all year round

## Wines

### Producers Direct Sale

### CHÂTEAU DE VALMY

Anaïs Lorente Carbone

Chemin de Valmy - ARGELÈS-SUR-MER

+33 (0)4 68 81 25 70

www.chateau-valmy.com

Open from 01/02 to 31/12



### CAVE COOPÉRATIVE LES VIGNERONS D'ARGELÈS-SUR-MER

Route de Sorède - ARGELÈS-VILLAGE

+33 (0)4 68 81 01 04

Open from 03/01 to 31/12



### CAVEAU DE LA PLAGE DES VIGNERONS D'ARGELÈS

Avenue des Platanes - ARGELÈS-PLAGE

+33 (0)4 68 81 38 49

Open from 02/02 to 15/09



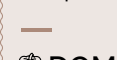
### CAVE SANTENACH

Pierre Santenach

68 place des Granotès - Le Racou  
ARGELÈS-PLAGE

+33 (0)6 72 01 69 07

Open from 01/06 to 30/09



### DOMAINE DEPRADE-JORDA

Thomas Deprade

98 route nationale - ARGELÈS-VILLAGE

+33 (0)4 68 81 10 29

Facebook : Domaine Deprade Jorda

Open from 01/06 to 31/10



### DOMAINE DU MAS CRISTINE

Julien Grill

Chemin de St-André  
Sortie 11 - D914 direction Ag  
ARGELÈS-SUR-MER

+33 (0)4 68 54 27 60

+33 (0)7 66 16 45 82

www.mascristine.com

Open all year round, weekends by appointment



### DOMAINE FRÉDÉRIC SCHRAM

27 avenue de la Libération  
ARGELÈS-SUR-MER

+33 (0)4 34 12 37 53

Open all year round

### DOMAINE ST-THOMAS

Laurence Savoldelli

Chemin de la Salanque  
Lieu-dit las Honours - ARGELÈS-SUR-MER

+33 (0)6 13 90 27 62

www.domaine-st-thomas.com

Open all year round



### MAISON ALBERA VINS D'ALTITUDE

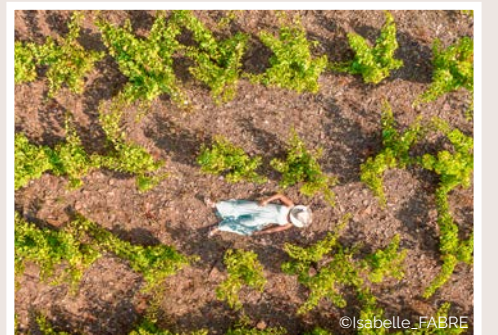
Fabrice et Alexandre Rieu

1 rue des Faisans - ZA ARGELES-SUR-MER

+33 (0)4 68 64 14 33

www.maison-albera.com

Open all year round



©Isabelle\_FABRE

  
**EATING  
OUT**



**S**oak up the different atmospheres of Argelès-sur-Mer as you wander through its various districts and discover places that each have their own unique taste sensations. There's something out there for the foodies and the most adventurous eaters no matter what time of year it is. Bon appétit!

**Treat yourself to  
a gourmet experience**

**T**he first place that is particularly close to our hearts is the harbour. It's a pretty special place that soothes all the senses. The slightly heady smell of iodine, the tinkling of the boats moored up, the mountains in the background... no better place than here to taste a good fresh fish overlooking the sea. A timeless setting! Then, you simply have to sample a part of the real Argelesian life: on to the village. This place is the soul of our town. Here you'll find fresh produce markets on our traditional town squares with their light-coloured stones. Sit on the terrace and try the delicious local escavade, made with the best sun-soaked vegetables of our region.

Want to eat on the go, have an ice cream, a waffle or dine with your feet in the sand? No problem! The beach is your ideal spot, especially in summer, because there are snack bars, restaurants and bars offering all kinds of cuisine. Take your pick! Finally, the whole experience would not be complete without a stop in the small neighbourhood of Racou. In this iconic village within a village, you can enjoy a few tapas or share a drink with friends... and get that special satisfaction from strolling through its sandy little streets.



Restaurants  
& bars



**Restaurants**

 **ABALOUNGE**


117 résidence les Mers du Sud- PORT-ARGELES  
+33 (0)4 68 54 36 96  
📅 from 15/01 to 14/11/2023

 **ASIA EXPRESS**

6 Rue Wilson ARGELES VILLAGE  
+33 (0)4 68 95 87 64  
🕒 Open all year round

 **AU RESTO DE YAN**

1 Quai Vasco de Gama PORT-ARGELES  
+33 (0)4 68 81 26 22  
📅 from 01/03 to 11/11/2023

 **AUBERGE DU BON VIVANT**

1 route de la Mer  
+33 (0)4 68 81 00 54  
+33 (0)6 60 06 90 21  
📅 from 01/07 to 04/10/2023

 **BISTRO AND CO**


9 Allée des tamarins ARGELÈS-PLAGE  
+33 (0)4 68 88 44 52  
+33 (0)6 75 03 80 27  
📅 from 01/07 to 30/09/2023

 **BODEGA D'ICI**

8 Allée des Ecuireils Centre Commercial Costa Blanca ARGELÈS-PLAGE  
+33 (0)4 68 22 50 87  
+33 (0)7 81 89 15 91  
📅 from 07/04 to 11/12/2023

 **BODEGA DU PORT**

Quai Marco Polo Res les Villégiales - PORT-ARGELÈS  
+33 (0)4 68 95 86 44  
🕒 Open all year round

 **BRASSERIE L'OLIVIER**

6 Avenue de la Libération ARGELÈS-VILLAGE  
+33 (0)6 01 26 01 67  
+33 (0)6 52 66 94 21  
🕒 Open all year round

 **BROCÉLIANDE**

9 quai Christophe Colomb PORT-ARGELES  
+33 (0)4 68 55 49 90  
+33 (0)6 29 56 02 81  
📅 from 01/01 to 31/10/2023  
📅 from 01/12 to 31/12/2023

 **CAN MAJO**


58 avenue du Tech ARGELÈS-PLAGE  
+33 (0)4 68 39 88 56  
+33 (0)6 13 70 60 26  
🕒 Open all year round

 **CASA DEL MIKA**


2 Quai Vasco de Gama PORT-ARGELES  
+33 (0)4 68 89 06 98  
+33 (0)7 78 88 84 01  
🕒 Open all year round

 **CHEZ FREDO**


3 Place Gambetta ARGELÈS-VILLAGE  
+33 (0)6 69 91 90 67  
🕒 Open all year round

 **CHEZ JUSTINE**

1 Rue des Faisans ZA ARGELES-SUR-MER  
+33 (0)4 68 63 18 07  
📅 from 23/01 to 20/12/2023

 **CHEZ MARINETTE**

11 Allée des Tamarins ARGELÈS-PLAGE  
+33 (0)6 11 26 38 66  
📅 from 18/02 to 02/10/2023

 **COMPTOIR JOA CASINO D'ARGELÈS**


Allée des Pins ARGELÈS-PLAGE  
+33 (0)4 68 81 14 29  
🕒 Open all year round

 **CRESCENDO**

Centre Commercial Intermarché ZA ARGELES-SUR-MER  
+33 (0)4 68 37 06 97  
🕒 Open all year round

 **EL COCO LOCO**

11 avenue de la Torre d'En Sorra - LE RACOU  
+33 (0)4 68 39 13 44  
📅 from 01/04 to 30/09/2023

 **FINA BOCA**


81 Boulevard de la Mer ARGELÈS-PLAGE  
+33 (0)4 68 29 21 60  
📅 from 01/02 to 20/12/2023

 **FOU POUR COXINHA**

49 Route Nationale ARGELES VILLAGE  
+33 (0)4 68 81 16 38  
🕒 Open all year round

 **GALANGA**


1 allée des palmiers ARGELÈS-PLAGE  
+33 (0)4 68 95 88 04  
+33 (0)7 63 86 27 02  
📅 from 01/04 to 30/09/2023

 **HASS'NACK**


71 route nationale ARGELES VILLAGE  
+33 (0)9 86 43 55 41  
🕒 Open all year round

 **HOTEL DU LIDO**

50 boulevard de la mer ARGELÈS-PLAGE  
+33 (0)4 68 81 10 32  
+33 (0)6 21 08 08 94  
📅 from 28/04 to 15/10/2023

 **L'AMÉTHYSTE**


Résidence Santa Maria Quai Jacques Cartier PORT-ARGELÈS  
+33 (0)4 68 81 07 49  
+33 (0)7 67 74 10 76  
📅 from 01/03 to 15/11/2023

 **LA BARTAVELLE**

24 rue de la République ARGELÈS-VILLAGE  
+33 (0)6 19 25 70 13  
🕒 Open all year round

 **LA CASA DE MIKA**

46 Avenue de la Libération ARGELÈS-VILLAGE  
+33 (0)7 78 88 84 01  
🕒 Open all year round

 **LA CASA DEL JOKER**


11 allée Jules Aroles ARGELÈS-PLAGE  
+33 (0)4 68 81 59 34  
+33 (0)6 18 04 49 22  
+33 (0)6 14 27 87 17  
📅 from 15/04 to 30/09/2023

 **LA COCINA**


18 Allée Jules Aroles ARGELÈS-PLAGE  
+33 (0)6 23 77 65 10  
📅 from 01/02 to 30/09/2023

 **LA GAMATE**

46 Route Nationale ARGELÈS-VILLAGE  
+33 (0)4 68 81 11 34  
+33 (0)6 11 11 06 90  
📅 from 01/01 to 20/10/2023  
📅 from 06/11 to 31/12/2023

 **LA MAISON**

9 Allée Jules Aroles ARGELÈS-PLAGE  
+33 (0)4 68 95 91 22  
+33 (0)6 30 84 83 95  
📅 from 01/04 to 30/09/2023

 **LA MARISCADA**

Quai Jacques Cartier Résidence la Réale PORT-ARGELÈS  
+33 (0)4 68 81 59 87  
+33 (0)6 50 35 44 84  
📅 from 01/03 to 31/12/2023

 = take away

### LA PETITE BRASSERIE

1 Quai Jacques Cartier  
PORT-ARGELES  
+33 (0)4 68 81 39 33  
Open all year round

### LA PLAGE

26 Allée Jules Aroles  
Front de mer  
ARGELÈS-PLAGE  
+33 (0)6 69 48 21 54  
from 08/04 to 17/09/2023

### LA QUÊTE

9 Place Gambetta  
ARGELES VILLAGE  
+33 (0)4 68 08 23 19  
Open all year round

### LA RESERVE

2 Allée Jules Aroles  
Esplanade Charles Trenet  
ARGELES PLAGE  
+33 (0)4 68 81 08 68  
from 01/04 to 15/11/2023

### LA TABLE D'ALEX

7 avenue de la Libération  
ARGELES VILLAGE  
+33 (0)9 83 97 12 59  
+33 (0)6 98 04 41 35  
from 01/03 to 31/12/2023

### LA TABLE DE VALMY

Chemin de Valmy  
+33 (0)4 68 95 95 25  
from 01/04 to 31/12/2023

### LA TABLE DU COIN

58/59 Esplanade du  
Nouveau Monde  
PORT-ARGELES  
+33 (0)4 68 55 46 54  
+33 (0)6 08 73 84 08  
Open all year round

### LATABLE DU ROUA

46 chemin du Roua  
ARGELÈS-VILLAGE  
+33 (0)4 68 95 85 85  
from 08/04 to 31/10/2023

### LA TAVERNE DE LA COMTE

8 Avenue de la Gare  
ARGELES VILLAGE  
+33 (0)4 68 62 52 97  
Open all year round

### LA TAVERNE

Rond-point Pujol  
ARGELES VILLAGE  
+33 (0)4 68 82 44 84  
from 15/01 to 22/12/2023

### LA TRENCADIS

1 rue Montesquieu  
ARGELÈS-VILLAGE  
+33 (0)4 68 95 91 40  
Open all year round

### LA VIEILLE CAVE

51 avenue de la libération  
ARGELÈS-VILLAGE  
+33 (0)7 84 68 75 07  
from 17/01 to 14/12

### LA VILLA

16 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)4 68 81 17 85  
from 01/04 to 30/09/2023

### L'ALTO

1 Chemin de Saint André  
RN 114 Sortie 9 ou 10  
+33 (0)4 68 22 04 48  
Open all year round

### LAMUSE BOUCHE

7 place Gambetta  
ARGELÈS-VILLAGE  
+33 (0)4 68 56 76 51  
from 01/02 to 31/12/2023

### L'ANTIK

12 allée Jules Arolès  
ARGELÈS-PLAGE  
+33 (0)4 68 81 17 48  
+33 (0)6 12 31 92 26  
from 01/04 to 30/09/2023

### LE BISTROT À LA MER

3638 Route de Collioure  
ARGELÈS-VILLAGE  
+33 (0)4 68 81 14 73  
from 31/03 to 06/11/2023

### LE BLEU MARINE

Quai Vasco de Gama  
Résidence Les Villégiales  
PORT-ARGELES  
+33 (0)6 28 78 89 99  
+33 (0)4 34 10 72 15  
Open all year round

### LE CHALUTIER

Centre commercial le  
Costa Blanca  
ARGELÈS-PLAGE  
+33 (0)4 68 81 11 11  
from 01/01 to 30/09/2023

### LE CROQUE SEL

9 rue des Cigognes  
ZA ARGELES-SUR-MER  
+33 4 68 98 68 36  
Open all year round

### LE DIBI

5 allée des Palmiers  
ARGELÈS-PLAGE  
+33 (0)6 45 77 18 20  
from 30/04 to 17/09/2023

### LE FANAL

50 avenue Torre d'en  
Sorra - LE RACOU  
+33 (0)4 68 81 41 75  
from 01/04 to 25/09/2023

### LE FLOWERS

59 rue Victor Hugo  
ARGELES VILLAGE  
+33 (0)4 68 81 05 79  
Open all year round

### LE LAMPARO

13 Allée des Ecoreuils  
Centre Commercial Costa Blanca  
ARGELÈS-PLAGE  
+33 (0)4 68 36 53 04  
+33 (0)6 38 59 41 54  
from 01/04 to 30/06/2023  
from 10/07 to 18/09/2023

### LE MENJE E CAILLE

29 avenue Torre d'en  
Sorre - LE RACOU  
+33 (0)4 68 81 41 23  
from 22/04 to 30/09/2023

### LE PACIFICO

33 Avenue du Grau  
ARGELÈS-PLAGE  
+33 (0)4 68 22 34 81  
Open all year round

### LE PETIT RESTEAU

Quai Vasco de Gama  
Residence Acapulco  
PORT-ARGELES  
+33 (0)4 34 10 13 61  
+33 (0)7 87 74 36 99  
from 01/04 to 30/10/2023

### LE P'TI BOUCHON

Quai Vasco de Gama  
Résidence Santa Anna  
PORT-ARGELES  
+33 (0)4 68 82 40 89  
+33 (0)6 21 37 87 85  
from 20/03 to 11/11/2023

### LE P'TI CHEZ SOI

Boulevard de  
la Méditerranée - Centre  
Commercial Costa Blanca  
ARGELÈS-PLAGE  
+33 (0)7 49 46 04 88  
from 01/04 to 30/09/2023

### LE P'TIT BATEAU

10 allée Jules Aroles  
FRONT DE MER  
ARGELÈS-PLAGE  
+33 (0)4 68 37 08 70  
from 01/04 to 06/11/2023

### LE SOLAZO

1 allée des Tamarins  
ARGELÈS-PLAGE  
+33 (0)4 68 95 02 78  
from 08/02 to 31/12/2023

### LE SUN KÉ

Quai Marco Polo  
PORT-ARGELES  
+33 (0)4 68 82 08 95  
+33 (0)6 15 63 94 16  
Open all year round

### LE TOUCAN

Résidence Clos de Cos-  
tereve - 20 Avenue Général  
de Gaulle - ARGELÈS-PLAGE  
+33 (0)6 21 53 55 85  
from 01/04 to 30/09/2023

### LES CHARMETTES

30 avenue du Tech  
ARGELÈS-PLAGE  
+33 (0)4 68 81 09 84  
+33 (0)6 13 49 02 15  
from 03/01 to 16/11/2023

### LES PLANCHES

16 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)4 68 55 25 71  
from 01/04 to 30/09/2023

### L'ESCALE

Quai Jacques Cartier  
immeuble la Réale  
PORT-ARGELES  
+33 (0)4 68 54 19 61  
+33 (0)6 10 77 45 64  
from 01/04 to 30/11/2023

### L'ESPACE VIETNAMIEN

18 avenue Général de  
Gaulle - Clos de Costereve  
ARGELÈS-PLAGE  
+33 (0)4 68 83 90 07  
Open all year round

### PIZZA WORLD

41 Route Nationale  
ARGELÈS-VILLAGE  
+33 (0)4 11 81 92 10  
Open all year round

### POIVRE ET SEL

48 avenue du Tech  
ARGELÈS-PLAGE  
+33 (0)4 68 81 13 16  
Open all year round

### POKITOU

Place Magellan  
PORT-ARGELES  
+33 (0)6 23 18 09 34  
from 15/06 to 15/09/2023

### RESTAURANT D'APPLICATION LYCÉE CHRISTIAN BOURQUIN

4 Avenue Nelson Mandela  
+33 (0)4 68 83 83 97  
Open all year round

### RESTAURANT L'ÉTOILE D'OR

Camping l'Etoile d'Or  
Route de Taxo  
+33 (0)6 50 45 24 87  
from 05/04 to 25/09/2023

### ROYAL D'ANGKOR

1 avenue des Pins  
ARGELÈS-PLAGE  
+33 (0)4 68 54 55 54  
+33 (0)6 95 75 27 88  
from 01/04 to 31/12/2023

### S.P.Q.R LA PIZZA COME A ROMA

Rond-Point d'Arrivée  
Résidence les Arcades  
ARGELÈS-PLAGE  
+33 (0)7 82 42 22 00  
from 01/02 to 31/10/2023

### L'OASIS

Avenue Torre d'en Sorre  
LE RACOU  
+33 (0)4 68 81 13 37  
from 14/04 to 30/09/2023

### MAS MON FARE

Chemin de Valmy  
+33 (0)6 14 88 65 58  
from 01/06 to 30/09/2023  
Guest table

### MC DONALD'S

Parking Centre  
Commercial Intermarché  
Sortie N°10  
ZA ARGELES-SUR-MER  
+33 (0)4 68 83 08 26  
Open all year round

### MENJA AQUI

12 avenue Torre d'en  
Sorre - LE RACOU  
+33 (0)4 68 81 65 07  
+33 (0)6 24 96 15 55  
from 01/05 to 20/09/2023

### O MALASSI

28 Allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)4 68 21 74 27  
from 01/04 to 30/09/2023

### O'CASA GRILL

Rond-Point de l'Arrivée  
IMMEUBLE LES ARCADES  
ARGELÈS-PLAGE  
+33 (0)6 79 26 38 10  
from 13/05 to 03/09/2023

### PASTA MONDO

187 avenue du Tech  
ARGELÈS-PLAGE  
+33 (0)6 74 54 26 74  
from 01/06 to 30/09/2023

### PIZZA TOP

Place Magellan  
Quai Marco Polo  
PORT-ARGELES  
+33 (0)4 68 81 62 60  
from 01/04 to 10/11/2023

### SABAI SABAI

Avenue des Platanes  
ARGELÈS-PLAGE  
+33 (0)7 86 71 68 09  
+33 (0)7 50 98 15 06  
Open all year round

### SHANGHAI

Avenue de Hürth  
ZA ARGELES-SUR-MER  
+33 (0)4 68 98 88 88  
Open all year round

### SMART PIZZA

Place du nouveau monde  
57 res Acapulco  
PORT-ARGELES  
+33 (0)6 17 73 61 28  
from 10/02 to 11/11/2023

### SUNRISE

Quai Vasco de Gama  
PORT-ARGELES  
+33 (0)9 67 65 47 07  
from 01/02 to 31/12/2023

### THAI SIAM

Boulevard de la mer  
Passage des saveurs  
ARGELÈS-PLAGE  
+33 (0)6 59 01 37 39  
from 01/05 to 01/09/2023

### TY'BREIZH

1 Avenue du Grau  
Rond-point de l'Arrivée  
ARGELÈS-PLAGE  
+33 (0)4 68 82 47 75  
+33 (0)6 79 47 11 80  
from 06/04 to 31/12/2023

### YOSHI SUSHI

11 rue des matelots  
PORT-ARGELES  
+33 (0)7 60 71 68 88  
Open all year round

## Restaurants-bars

## À TABLE

86 Avenue du 8 Mai 1945  
+33 (0)6 52 65 24 44  
from 15/06 to 15/09/2023

## ARBOR &amp; SENS

Route de Taxo à la mer  
+33 (0)4 68 21 35 63  
from 20/03 to 31/12

## AU VIN 20

4 Place de la République  
ARGELÈS-VILLAGE  
+33 (0)7 71 24 50 10  
from 01/03 to 30/12/2023

BAR À HUÎTRES  
LA CABANE DU  
PECHEUR

3 place Gambetta  
ARGELÈS-VILLAGE  
+33 (0)4 68 37 78 23  
from 01/01 to 15/01/2023  
from 01/03 to 31/12/2023

BOWLING  
PLAZA BOWL

Espace de Loisirs  
Plage Nord  
ARGELÈS-PLAGE  
+33 (0)4 68 95 21 21  
from 01/04 to 31/12/2023

BRONZETTE AU  
VILLAGE

36 avenue de la Libération  
ARGELES VILLAGE  
+33 (0)4 68 62 85 43  
Open all year round

## CARNAVAL CAFÉ

14 avenue des Mimosas  
ARGELÈS-PLAGE  
+33 (0)6 11 17 20 77  
from 01/04 to 30/09/2023

## CHAI DEPRADE

5 Route de Collioure  
ARGELÈS-VILLAGE  
+33 (0)4 68 81 10 29  
Open all year round

## CHEZ DENISE

4 Allée des Palmiers  
ARGELÈS-PLAGE  
+33 (0)4 68 67 34 08  
+33 (0)6 22 08 11 10  
from 02/02 to 31/12/2023

## CHEZ LOLA

8 Place de la République  
ARGELÈS-VILLAGE  
+33 (0)4 68 63 99 30  
+33 (0)6 68 11 59 33  
Open all year round

## EXOTIK CAFÉ

Allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)6 75 88 54 65  
from 01/04 to 30/09/2023

GARDEN BAR  
(LE JARDIN  
D'ARGELÈS)

Rond point de Pujol  
ARGELES VILLAGE  
+33 (0)6 22 69 85 73  
from 01/04 to 15/10/2023

## KOSMO BEACH

40 Allée Jules Aroles  
(Côté Mer) - ARGELÈS-PLAGE  
+33 (0)4 68 68 77 74  
+33 (0)6 77 85 99 37  
from 01/04 to 01/11/2023

LA BODEGA  
DEL JOKER

Allée des tamarins  
ARGELÈS-PLAGE  
+33 (0)4 68 81 59 34  
+33 (0)6 18 04 49 22  
+33 (0)6 14 27 87 17  
from 15/04 to 30/09/2023

## LA BOUCHERIE

Rue des Milans  
ZA ARGELES-SUR-MER  
+33 (0)4 68 81 37 44  
Open all year round

LA CANNE À  
SUCRE

10 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)6 72 40 89 13  
from 01/04 to 30/09/2023

LA CASA DES  
RAILS

29 Avenue de la Gare  
ARGELÈS-VILLAGE  
+33 (0)9 83 05 65 08  
from 01/02 to 31/12/2023

## LA FINE MOUSSE

Rond-Point de l'Arrivée  
ARGELÈS-PLAGE  
+33 (0)6 37 95 43 56  
from 01/02 to 31/12

## LA LLONJA

Quai Jacques Cartier  
Residence la Réale  
PORT-ARGELES  
+33 (0)4 68 87 22 25  
+33 (0)6 83 26 27 46  
from 01/04 to 30/10/2023

## LA MANDOLINE

33 bis avenue du Grau  
ARGELÈS-PLAGE  
+33 (0)4 68 89 37 28  
Open all year round

LA TABLE DU  
RACOU

54 avenue Torre d'en Sorre  
LE RACOU  
+33 (0)4 68 98 10 22  
from 01/04 to 31/10/2023

## LAS VIGATANES

Avenue du Grau  
camping la sardane  
+33 (0)7 79 70 00 15  
from 14/04 /2023 to  
24/09/2023

## L'ASMOURZADE

5C quai Marco Polo  
PORT-ARGELÈS  
Les Villégiales du môle  
+33 (0)4 68 39 84 95  
Open all year round

## LE CARRÉ BLANC

24 Allée Jules Aroles  
Coté front de mer  
ARGELES PLAGE  
+33 (0)6 38 03 45 47  
from 08/04 to 06/11/2023

LE COQUELICOT  
CATALAN

187 Avenue du Tech  
ARGELÈS-PLAGE  
+33 (0)6 65 72 32 83  
from 01/04 to 30/10/2023

## LE GLACIER

47 avenue de la Libération  
ARGELÈS-VILLAGE  
+33 (0)6 20 86 90 63  
Open all year round

## LE MONTE CRISTO

Res les Villégiales du Môle  
Quai Marco Polo  
PORT-ARGELES  
+33 (0)4 68 66 08 82  
from 01/01 to 28/02/2023  
from 01/04 to 31/12/2023

## LE SEIZE

3 Résidence Les Villégiales  
du Môle - Quai Marco Polo  
PORT-ARGELÈS  
+33 (0)4 68 85 27 83  
+33 (0)6 22 27 05 06  
Open all year round

LE SIROCCO  
ET SON TAXI  
BROUSSE

7 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)6 69 71 80 51  
+33 (0)7 80 54 45 99  
from 01/04 to 30/09/2023

## LE SKIPPER

Place Magellan  
Quai Christophe Colomb  
PORT-ARGELÈS  
+33 (0)7 64 84 49 92  
from 01/04 to 21/09/2023

LE TOUR DU  
MONDE EN 80  
BIÈRES

C3 Res Les Villégiales du  
Quai d'honneur  
PORT-ARGELÈS  
+33 (0)4 68 81 59 21  
+33 (0)6 25 30 16 36  
from 03/05 to 01/11/2023

## L'ECUREUIL

Centre Commercial  
Costa Blanca - Boutique 16  
ARGELÈS-PLAGE  
+33 (0)4 68 83 95 68  
from 01/06 to 30/09/2023

LES TERRASSES  
DU RACOU

Avenue Torre d'en Sorre  
LE RACOU  
+33 (0)4 68 54 56 07  
from 15/04 to 25/09/2023

## L'ESSENTIEL

7 Allée des Tamarins  
ARGELÈS-PLAGE  
+33 (0)4 68 37 01 94  
from 01/02 to 30/11/2023

MAISON  
D'HÔTES LE S

26 Rue d'Alembert  
ARGELÈS-VILLAGE  
+33 (0)4 68 63 34 00  
+33 (0)6 75 99 95 91  
from 08/04 to 06/11/2023

## SEVEN STREET KFE

7 Allée des Palmiers  
ARGELÈS-PLAGE  
+33 (0)6 31 33 85 61  
from 01/04 to 31/10

## WAAL ESTAMINET

13 Avenue du Général de  
Gaulle - ARGELÈS-PLAGE  
+33 (0)6 67 51 33 36  
Open all year round

## Bars

## 100% VITAMINES

2 Allée Jules Aroles  
ARGELES-PLAGE  
+33 (0)6 48 70 98 89  
from 01/04 to 18/09/2023

## BAR DU MIDI

34 route nationale  
ARGELÈS-VILLAGE  
+33 (0)4 68 89 09 42  
Open all year round

## BAR LA RÉSERVE

2 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)4 68 81 08 68  
from 04/02 to 30/09/2023

BAR PMU AU  
BIEN VENU

3 avenue de la Gare  
ARGELÈS-VILLAGE  
+33 (0)4 68 82 04 89  
Open all year round

## CÔTÉ PLACE

3-5 place de la République  
ARGELÈS-VILLAGE  
+33 (0)4 68 95 76 54  
from 01/04 to 15/10/2023

## LA PARISIENNE

Avenue des Platanes  
ARGELÈS-PLAGE  
+33 (0)6 24 12 14 21  
from 01/05 to 30/09/2023

LES HIRONDELLES  
DU COSTA

13 Avenue Costa Blanca  
ARGELÈS-PLAGE  
from 15/04 to 15/10/2023

## WANTILAN'CAFÉ

18 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)4 68 98 07 47  
from 01/04 to 30/09/2023

## Fast food

ÂMES SOEURS  
PIZZAS

3 Rue des Roitelets  
ZA ARGELES-SUR-MER  
+33 (0)4 68 08 58 37  
Open all year round

AUX DÉLICES &  
LES GLACES DE  
MARIE

C6 Rés les Villégiales du  
quai d'honneur  
PORT-ARGELÈS  
+33 (0)6 52 46 76 83  
from 01/01 to 15/12/2023

## BEA CRÊPES

32 Allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)6 18 75 73 42  
Open all year round

BEER & COFFEE  
SHOP

29 Allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)6 62 11 74 35  
from 01/04 to 15/10/2023

## C CA KSE BON

Boulevard de la Mer  
ARGELÈS-PLAGE  
+33 (0)6 24 78 58 52  
from 01/04 to 15/09/2023

## CHEZ JULIETTE

9 Rue des Hérons  
ZA ARGELES-SUR-MER  
+33 (0)4 68 28 92 77  
from 24/01 to 20/12/2023

## CHEZ SIMON

17 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)4 68 81 64 22  
Open all year round

## CHURRERIA

8 Place Gambetta  
ARGELES VILLAGE  
+33 (0)4 68 52 08 54  
from 01/05 to 15/10/2023

## COMME À PORTO

Avenue General de  
Gaulle - ARGELÈS-PLAGE  
+33 (0)6 11 51 66 36  
from 01/04 to 30/09/2023

## DBZ

10 Avenue Général de  
Gaulle - ARGELÈS-PLAGE  
+33 (0)6 46 80 56 07  
from 26/05 to 10/09/2023

## ENZO'S BURGER

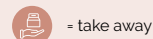
14 Allée Jules Aroles  
ARGELÈS-PLAGE  
from 05/05 to 17/09/2023

## ENZO'S PIZZA

1 «E» rue des cigognes  
ZA ARGELES-SUR-MER  
+33 (0)4 30 44 66 05  
Open all year round

## FAST EAT 66

4 Avenue Général de  
Gaulle - ARGELÈS-PLAGE  
+33 (0)7 49 86 18 77  
from 01/01 to 01/09/2023



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### LA CABANE DU PARC (ARGELÈS AVENTURE)

7 Impasse Copernic  
Espace de Loisirs  
ARGELÈS-PLAGE  
+33 (0)4 68 95 41 66  
+33 (0)6 50 55 84 60  
from 11/02 to 04/11/2023

### LACH'TITE PATATE

Avenue de Hürth  
ZA ARGELES-SUR-MER  
+33 (0)6 64 98 44 38  
Open all year round

### LA FRIANDERIE

1 - 2 Place Gambetta  
ARGELÈS-VILLAGE  
+33 (0)4 68 81 32 69  
Open all year round

### LA MIE D'ARGELÈS

28 avenue des Platanes  
ARGELÈS-PLAGE  
+33 (0)4 68 95 60 29  
+33 (0)6 38 79 70 95  
from 01/01 to 30/11/2023

### LA TERRASSE

Rond-Point de l'Arrivée  
ARGELES PLAGE  
+33 (0)6 37 95 43 56  
from 01/02 to 01/11/2023

### LE CACTUS BLEU

31 Avenue Torre d'en Sorra - LE RACOU  
+33 (0)4 68 95 77 86  
+33 (0)6 19 37 41 13  
from 06/04 to 25/09/2023

### LE COSTA

CENTRE COMMERCIAL  
COSTA BLANCA  
ARGELÈS-PLAGE  
+33 (0)4 68 09 32 95  
from 01/02 to 30/09/2023

### LE FOOD

13 Allée des tamarins  
ARGELÈS-PLAGE  
+33 (0)7 82 48 77 47  
from 15/04 to 30/09/2023

### LE FOURNIL DE PALMYRE

6 Avenue d'Hürth  
ARGELÈS-VILLAGE  
+33 (0)4 68 39 18 67  
+33 (0)6 21 18 65 06  
Open all year round

### LILY'S

35 Allée Jules Aroles  
ARGELES-PLAGE  
+33 (0)6 11 26 38 66  
Open all year round

### L'ATELIER GLACÉ

At the corner of Avenue des pins et de l'Allée des tamarins  
Lot 5 ARGELES-PLAGE  
+33 (0)6 13 78 71 63  
Open all year round

### LE GLACIER DU PORT

Place Magellan  
RESIDENCE ATALAYA  
PORT-ARGELES  
+33 (0)6 43 12 04 64  
from 05/04 to 15/09/2023

### LE GLACIER

12 Allée des Tamarins  
ARGELÈS-PLAGE  
+33 (0)6 21 80 29 95  
from 05/04 to 30/09/2023

### LE PÂTON

90 Route Nationale  
ARGELÈS-VILLAGE  
+33 (0)4 48 89 05 66  
Open all year round

### LE P'TIT CREUX

361 avenue du Tech  
ARGELÈS-PLAGE  
+33 (0)4 68 95 95 94  
+33 (0)6 17 81 98 65  
Open all year round

### LE RENDEZ-VOUS

Place Magellan  
PORT-ARGELES  
+33 (0)4 34 29 93 68  
from 04/01 to 31/12/2023

### LE SUNY

Centre Commercial Costa Blanca  
Boulevard de la Méditerranée  
ARGELÈS-PLAGE  
+33 (0)4 68 89 33 74  
+33 (0)4 68 89 17 86  
+33 (0)6 11 10 99 80  
du 01/07 to 31/08/2023

### LE TIKI

Esplanade Charles Trenet  
ARGELÈS-PLAGE  
+33 (0)6 09 60 42 58  
from 15/04 to 30/09/2023

### L'ESCALIER

22 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)4 68 37 81 02  
+33 (0)6 14 32 50 60  
from 01/04 to 30/09/2023

### L'INCONTOURNABLE

15 Chemin de Palau  
ZA ARGELES-SUR-MER  
+33 (0)6 23 44 56 29  
Open all year round

### NEW YORK NEW YORK CAFÉ

2 avenue des Platanes  
ARGELÈS-PLAGE  
+33 (0)6 18 39 72 10  
from 15/06 to 15/09/2023

### PEPE LUIS

23 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)4 68 83 22 64  
from 04/02 to 06/11/2023

### PIZZAÀ L'ANCIENNE

2 avenue du 8 mai 1945  
ARGELÈS-VILLAGE  
+33 (0)4 68 95 87 13  
from 01/01 to 01/12/2023

### PIZZA DI ROMA

Le Clos de la plage  
86 Avenue du 8 Mai 45  
ARGELÈS-PLAGE  
+33 (0)4 48 89 71 81  
+33 (0)6 19 97 92 91  
Open all year round

### PIZZA SUN

11 avenue des Flamants Roses  
ZA ARGELES-SUR-MER  
+33 (0)4 68 81 56 10  
from 01/01 to 30/12/2023

### PIZZ'HIGH

33 Avenue du Grau  
ARGELÈS-PLAGE  
+33 (0)6 65 67 35 36  
Open all year round

### RACOU BEACH SNACK

54 Avenue de la Torre d'En Sorra - LE RACOU  
+33 (0)4 68 55 30 78  
+33 (0)6 22 85 37 50  
from 02/04 to 01/10/2023

### RESTAURANT ISTANBUL KEBAB

1 Allée des Platanes  
ARGELÈS-PLAGE  
+33 (0)9 51 92 85 35  
from 01/02 to 21/11/2023

### SHOW DEVANT

20 allée Jules Aroles  
ARGELÈS-PLAGE  
+33 (0)6 22 23 10 91  
from 01/04 to 30/09/2023

### SNACK RYTHM'N FOOD


Route de Taxo  
+33 (0)7 66 53 70 63  
from 15/03 to 15/10/2023

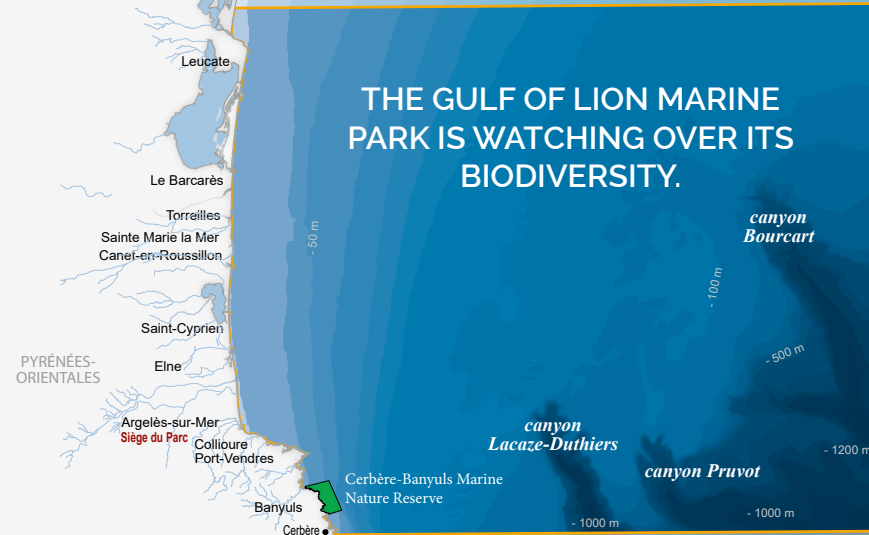
### TACOS TOWN

1 Allée des Palmiers  
ARGELÈS-PLAGE  
+33 (0)9 88 03 24 96  
from 01/04 to 30/09/2023

### Beach Restaurants

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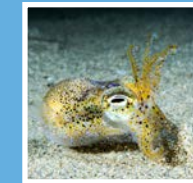


## THE GULF OF LION MARINE PARK IS WATCHING OVER ITS BIODIVERSITY.

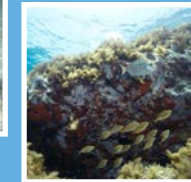


The state of the marine environment is constantly being monitored by the Park. It works closely with local users to improve the Park's overall well-being and to sustainably preserve maritime activities.

Due to the effect of the wind and the currents, the waters of the Marine Park offer particularly favorable conditions for biodiversity. The six main Mediterranean ecosystems can be found here and they are home to a multitude of species.



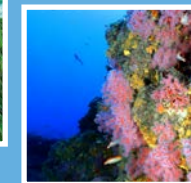
Sandy bottoms



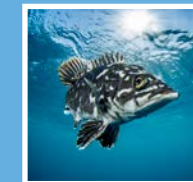
Infralittoral rock



Posidonia seagrass meadows



Coralligenous



Open sea



Deep canyons

## Simple steps to preserve the marine environment

### IN THE CITY

Rainwater collected in our drains is not treated before reaching the sea. Do not throw any rubbish (eg. cigarette butts) into them.

### AT THE BEACH

Trampling has a lasting impact on biodiversity. Staying on the marked paths helps preserve the space that it needs. Please follow any notices about temporary closures; if disturbed, birds may abandon their chicks.

### AT SEA

Do not throw food into the sea. It is not suitable for marine species and it makes them vulnerable to predators.

## THE PARK IN A FEW WORDS:

- A protected marine area created in 2011
- Situated between Leucate and Cerbère stretching 70km off shore; 4000km<sup>2</sup>
- A unit of the French Biodiversity Office
- Governed by 60 maritime players
- A technical team of 17 agents
- Offices in Argelès-sur-Mer
- Two ships
- A budget of about 1m Euros from the State

### Photo credits:

- Sandy bottoms: Mathieu Foulquié
- Infralittoral rock: Emmanuelle Rivas
- Posidonia seagrass meadows: Emmanuelle Rivas
- Coralligenous: Didier Fioramonti RNMCB
- Open sea: Mathieu Foulquié
- Deep canyons: OFB-OOB
- Map: OFB-SHOM-Ifremer



**M**élanie, Franck and their 8 children aged 16 to 1: Margot, Nino, Paolo, Elio, Hugo, Malo, Cléo and Marceau, are the protagonists of the TF1 programme, Large families, life in XXL.

## Family comes first

If there is one family-friendly destination, then it's surely our fantastic town. Perhaps it's just our southern culture which always puts family at the heart of everything... Argelès-sur-Mer happily welcomes every generation, paying them all the attention they deserve and taking care that everyone feels included and can get the best advice to make the most of their stay here. Grandparents, parents and children... welcome!

©Juliette Laurent



©Benjamin Collard

## Argelès-sur-Mer, an XXL destination

**F**or them, the summer holidays are very important. It is their best chance to enjoy each other's company and treat themselves at the same time. Mélanie and Franck chose to spend a week in Argelès-sur-Mer, 18 years after their first holiday together right here!

The campsite where we stayed was very well located! We left the car and did everything on foot, mostly going to the beach. It's quiet, very relaxing and there's plenty of shade but it can also be pretty lively: swimming pool, aquagym classes, theme evenings... and the restaurant is very good! Perfect for when you don't want to cook on your holiday...

Leaving the campsite, we'd go down to the Allée des Pins where it's suddenly so lively. In the heart of the centre-ville area there is a seaside vibe and a real buzz, especially at night with all the lights, the smell of churros, ice cream and the funfair. This is the beauty of Argelès-sur-Mer. You have everything you need right here, it's a real holiday.

One morning we went to have breakfast, all cozied up in a

beach club with the children. The setting was lovely and everything homemade, the orange juice freshly squeezed... There were games for the children and deckchairs if you want them. The children then went off to play in the sea. We really pampered ourselves!

With the older children, 8 and above, we took a giant paddle board with a slide out into the sea. It was great. With life jackets on for safety, you can jump into the water any which way, run along the board and generally be silly... I had a blast with my children! After that we went canyoning. I let my children enjoy it for themselves because I was a bit scared of it to be honest!

It's not always easy to go to a restaurant with 10 people, especially with 8 children, but we were always given a warm welcome in the little restaurants at the harbour. Everything was very tasty and quite affordable. The children were so happy to be in a restaurant with their mum and dad.

We took a trip out on the sea in a glass bottom boat. You have

give that a go! You could see all the marine life. Even my son who was 10 months old at the time was totally captivated.

It was a great stay and I was really grateful to the Tourist Office for pointing us towards the activities that best suited our family.



### This destination holds the FAMILY PLUS accreditation for seaside.

Argelès-sur-Mer puts the well-being of your children first and strives to surpass expectations for your best stay possible. To make all this happen, the town offers a variety of activities suited to different age groups, all at discounted rates. Find all the information in the «Kid Pratique» guide on the Tourist Office website.



## LOW IMPACT TRANSPORT



**T**his area lends itself well to exploration by bike! Whether it's on the cycle paths or on the circuits of the Albera Massif for the sportier ones, there are many ways to discover Argelès-sur-Mer on two wheels.

## Take to the cycle paths of Argelès-sur-Mer

**C**ommitted to the environment, Argelès-sur-Mer encourages cycling as a means of transport. This is why its Tourist Office, as well as certain service providers, have recently been awarded the «**Accueil Vélo**» label to improve the reception of cyclists. The cycle paths are interconnected, making your journeys both pleasant and easy. Once you get here, everything is set up to make your stay as smooth as possible, from bike hire to parking facilities

which are dotted around the town of Argelès-sur-Mer. The Valmy park is the starting point for all the bike rides and hikes. With family or friends, for beginners or athletes, this is the best way to discover the rich heritage and natural beauty of this wonderful region. The topoguide is available at the Argelès-sur-Mer Tourist Office, otherwise you can download it from the website. This will help you follow a great cycle route: **the Mediterranean by**

**Bike (Eurovélo 8)**, a route which follows the Mediterranean arc from Athens (Greece) to Cadiz (Spain), passing through Argelès-sur-Mer. Very well maintained, signposted and safe, it can be used all year round, taking you from the Roussillon coast to the Spanish border, passing through the charming villages of the Albera Massif. It's a great place to get your pedals pumping because out here the miles just fly by!



## GETTING AROUND

### Plane

**PERPIGNAN RIVESALTES AIRPORT**  
📍 Located at 30km (19 miles) from Argelès-sur-Mer  
🌐 [www.aeroport-perpignan.com](http://www.aeroport-perpignan.com)

### OTHER AIRPORTS

Béziers (125 km)  
Montpellier (190 km)  
Carcassonne (150 km)  
Toulouse (245 km)  
Gérone (90 km)  
Barcelone (205 km)

### Bus

**BUS RÉGULIERS À €1**  
📞 Passenger information : 0 806 80 80 90  
🌐 [lio.laregion.fr](http://lio.laregion.fr)

**LIGNE 540**  
Banyuls-sur-Mer/Perpignan

**LIGNE 541**  
Saint-Cyprien/Port-Vendres (only in summer)

**LIGNE 543**  
Cabestany/Argelès-sur-Mer

**LIGNE 550**  
Céret/Argelès-sur-Mer

**LIGNE 555**  
Le Boulou/Argelès-sur-Mer

### Car hire

**ARGELÈS AUTOMOBILES CITROËN**  
📍 76 route nationale ARGELÈS-VILLAGE  
📞 +33 (0)4 68 81 45 45  
🕒 Open all year round

### ATV LOCATIONS

Traverse de Saint-André  
ARGELÈS-SUR-MER  
📞 +33 (0)4 68 81 50 78  
🌐 [www.argeles-tourisme.com](http://www.argeles-tourisme.com)  
🕒 Open all year round

### AUTOMOBILE SERVICE ARGELÈS/RENAULT

📍 6 rue des Colverts ZA ARGELÈS-SUR-MER  
📞 +33 (0)4 68 81 12 29  
🕒 Open all year round

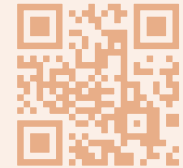
### NEGRELL ET FILS FORD

📍 Avenue du 8 Mai 1945 ARGELÈS-PLAGE  
📞 +33 (0)4 68 81 03 65  
🌐 [www.garage-automobile-argeles.fr](http://www.garage-automobile-argeles.fr)  
🕒 Open all year round

### STATION AUTO DESIGN

📍 5 route du Littoral (facing Luna Park) ARGELÈS-SUR-MER  
📞 +33 (0)4 68 87 03 58  
📞 +33 (0)6 19 63 73 73  
🌐 [www.stationautodesign.fr](http://www.stationautodesign.fr)

### Municipal transport



### Taxi

Advance booking advisable  
 **AMBULANCES AND TAXIS DU LITTORAL**  
📍 16 rue des Loriots ZA ARGELÈS-SUR-MER  
📞 +33 (0)4 68 81 05 12

**ARGELÈS LITTORAL TAXIS**  
📍 23 avenue de la Gare ARGELÈS-VILLAGE  
📞 +33 (0)4 68 81 09 11

**CAPEILLE AMBULANCES SUCCESSORS**  
📍 2 rue de la République ARGELÈS-VILLAGE  
📞 +33 (0)4 68 81 30 32

### Train

**GARE SNCF**  
📍 Avenue de la Gare ARGELÈS-VILLAGE  
📞 3635





## SERVICES

### Town hall

📍 Allée Ferdinand Buisson  
ARGELÈS-VILLAGE

☎ +33 (0)4 68 95 34 58

🕒 Open Mondays to Fridays 8am -12noon and 2-6pm

#### TECHNICAL SERVICES :

📍 Chemin de Charlemagne

☎ +33 (0)4 68 95 34 80

### COMMUNAUTÉ DE COMMUNES ALBÈRES CÔTE VERMEILLE ILLIBÉRIS

📍 3 impasse de Charlemagne  
ARGELÈS-VILLAGE

☎ +33 (0)4 68 81 63 77

### POLICE STATION

📍 92 avenue de la Libération  
ARGELÈS-VILLAGE

☎ +33 (0)4 68 81 03 96

### MUNICIPALE POLICE STATION

📍 Place de l'Europe - ARGELÈS-PLAGE

☎ +33 (0)4 68 81 16 31

### FIRE BRIGADE

📍 6 route de Sorède - ARGELÈS-VILLAGE

☎ 18 ou 112

### POST OFFICE

☎ 3631

📍 8 route nationale - ARGELÈS-VILLAGE

🕒 Open all year round: Monday, Wednesday, Thursday and Friday from 9am to 12pm and 1:30pm to 5pm, Tuesday from 9am to 12pm and 1:30pm to 4pm, Saturday from 9am to 12pm

📍 Community Postal Agency at the Tourist Office, Place de l'Europe - ARGELÈS-PLAGE

### Argelès Cybercafé

📍 ARGELÈS CYBERCAFÉ

📍 71 route nationale ARGELÈS-VILLAGE

☎ +33 (0)9 83 49 75 56

🕒 Open all year round

### Coworking

📍 LE CAP / PÔLE  
ENTREPRENEURIAL

📍 Espace de Coworking (10€/day)  
Rue des Sittelles  
66700 Argelès-sur-Mer

☎ +33 (0)4 68 36 15 48

🌐 <https://www.cc-acvi.com/entreprendre/lecap/>

### Exchange office

📍 CAMPING LA SIRÈNE

📍 Route de Taxo à la Mer

☎ +33 (0)4 68 81 04 61

### Babysitting

📍 HAPPY KIDS SERVICES

☎ +33 (0)4 68 82 93 66

🌐 [www.happykidsservices.fr](http://www.happykidsservices.fr)

### Storage of Caravans & Camper vans

📍 ROUSSILLON  
GARDIENNAGE

📍 Chemin de la Carrerasse  
ARGÈLES SUR MER

☎ +33 (0)4 68 81 53 26 - +33 (0)7 68 18 12 22  
+33 (0)7 83 05 33 50

🕒 Open all year round

Storage of caravans, boats, camper vans

### Rental of childcare equipment

📍 LOU POUR PTIT BOU

☎ +33 (0)6 63 85 09 46

### Electric charging stations for electric vehicles

2 Révéo charging stations at your disposal

📍 1 Allée Ferdinand Buisson (Town hall car park) ARGÈLES-VILLAGE

📍 5 Avenue du Grau  
ARGÈLES-PLAGE

🌐 [www.reveocharge.com](http://www.reveocharge.com)

### ATM

📍 BANQUE POPULAIRE  
DU SUD

📍 24 avenue des Flamants Roses  
ZA ARGÈLES-SUR-MER (all year round)

📍 Dans JOA CASINO (all year round)

📍 1 allée des Palmiers  
ARGÈLES-PLAGE (seasonal)

📍 Place du Nouveau Monde  
PORT-ARGÈLES (seasonal)

📍 BNP PARIBAS

📍 1 impasse des Sarcelles  
ARGÈLES-SUR-MER

📍 CAISSE D'ÉPARGNE

📍 59 route nationale - ARGÈLES-VILLAGE

📍 CIC SUD OUEST

📍 77 route nationale  
ARGÈLES-VILLAGE

📍 CRÉDIT AGRICOLE

📍 Route de Collioure - ARGÈLES-VILLAGE

📍 Avenue du Tech - ARGÈLES-PLAGE

📍 Allée Jules Aroles - ARGÈLES-PLAGE

📍 LCL

📍 35 avenue de la Libération  
ARGÈLES-VILLAGE

📍 LA BANQUE POSTALE

📍 8 route nationale  
ARGÈLES-VILLAGE

📍 SOCIÉTÉ GÉNÉRALE

📍 23 avenue de Hürth  
ZA ARGÈLES-SUR-MER

📍 BANQUE COURTOIS

📍 Rond-point de l'Arrivée  
ARGÈLES-PLAGE



## HEALTH

### Hospital

📍 CENTRE HÔPITALIER DE  
PERPIGNAN

📍 20 avenue du Languedoc - 66000 PERPIGNAN

☎ +33 (0)4 68 61 66 33

### Testing laboratory

📍 INOVIE MEDILAB

📍 4 Rue des Hérons - ZA Argelès-sur-Mer

☎ +33 (0)4 68 81 46 23

### Doctors

📍 DR MUNOS

📍 4 place des Moineaux  
Immeuble Le Toucan - ZA ARGÈLES-SUR-MER

☎ +33 (0)4 68 81 01 46

📍 DRS V.FOURNOLS, HASSID,  
CONVERSO, RENODON, PEREZ,  
M.FOURNOLS

📍 1 bis route de Collioure - ARGÈLES-VILLAGE

☎ +33 (0)4 68 81 38 98

📍 DRS KASSEM, HADLA

📍 28 av. de la Libération ARGÈLES-VILLAGE

☎ +33 (0)4 68 81 25 77

📍 DRS ALQUIER, PRIMOT

📍 Centre médical de la Mer  
20 Avenue du Tech - ARGÈLES-PLAGE

☎ +33 (0)4 68 81 62 67

📍 DR FLAUSSE

📍 9 avenue des Pins - ARGÈLES-PLAGE

☎ +33 (0)4 68 57 95 37

📍 DR PONS

📍 9 rue des Colverts - ZA ARGÈLES-SUR-MER

☎ +33 (0)4 68 66 89 27

### Pharmacies

📍 ARGELÈS PHARMA.  
PHARMACIE BARNIOL

📍 Rond-point Joie et Lumière - 1283 avenue du  
Tech - ARGÈLES-PLAGE

☎ +33 (0)4 68 81 21 40

✉ [pharmaciebarniol@orange.fr](mailto:pharmaciebarniol@orange.fr)

📍 GRANDE PHARMACIE DE  
L'UNION

📍 Abecassis Stéphane, Gentet Teddy  
1 rue des Aigrettes - ZA ARGÈLES-SUR-MER

☎ +33 (0)4 68 81 00 81

📍 PHARMACIE CENTRALE

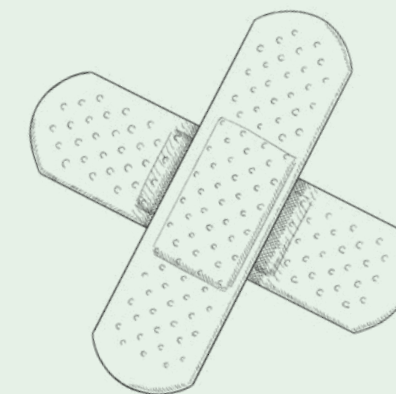
📍 Jammes Philippe, Pages Pascale  
39 av. de la Libération - ARGÈLES-VILLAGE

☎ +33 (0)4 68 81 03 57

📍 PHARMACIE DES PLAGES

📍 30 avenue des platanes - ARGÈLES-PLAGE

☎ +33 (0)4 68 81 14 75



Stay in touch  
with

TOURIST OFFICE

+33 (0)4 68 81 15 85  
infos@argeles-sur-mer.com



@argelessurmer.tourisme



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TWO RECEPTION POINTS AT YOUR SERVICE

### ARGELÈS-PLAGE

Centre open all year round



Place de l'Europe

In season: 7 days a week

### ARGELÈS-VILLAGE



6 Bis rue du 14 Juillet



## Application Argelès-sur-Mer !

Download the Argelès-sur-Mer  
application available on Apple Store or  
Google Play.



#### The Argelès-sur-Mer app:

- The primary source of information about the town
- Stay connected, it's updated in real time
- Notifications to keep you up-to-date with the latest news
- Comprehensive events calendar
- All the best places for going out, eating out, having fun or getting some culture!
- Market days
- The daily weather forecast
- All the information you need to get around
- Access the webcams for the village, the port and the beach

Fully immerse yourself into  
Argelès-sur-Mer!



Collioure ©Hugues Argence



ESCAPADES INTO  
THE SURROUNDING  
AREA



Banyuls ©Laurent Lacombe

Cloître-Saint-Genis ©OTI PYRÉNÉES MÉDITERRANÉE



Perpignan ©Office de Tourisme Perpignan



## Get away from it all...

Escape for a few hours or a few days, uncover the secrets of our region and come back with a bag full of memories, it's easy and highly recommended!

Go and explore Perpignan, a delightful city of history and art, Banyuls-sur-Mer, land of the Templars also known for its natural sweet wine or the colourful Collioure, between beaches and cultural heritage.

And if you want to go a bit further and on into Spain, cross the border and submit to the charms of Figueras, capital of Empordà and hometown of the artist Salvador Dalí.

The tourist offices in the surrounding communes will be more than happy to help you find what you are looking for.



#### Perpignan

[www.perpignantourisme.com](http://www.perpignantourisme.com)

#### Banyuls-sur-Mer

[www.banyuls-sur-mer.com](http://www.banyuls-sur-mer.com)

#### Collioure

[www.collioure.com](http://www.collioure.com)

#### Figueras

[www.tourismefigueres.com](http://www.tourismefigueres.com)

#### OTI Pyrénées Méditerranée

[www.tourisme-pyrenees-mediterranee.com](http://www.tourisme-pyrenees-mediterranee.com)

#### Tourisme Pyrénées-Orientales

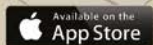
[www.tourisme-pyreneesorientales.com](http://www.tourisme-pyreneesorientales.com)

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